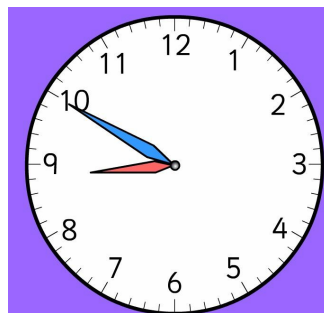


st patrick's primary school parramatter patter

21st May 2015 Term 2 No.5



Dear Parents

This week I would like to focus on the importance of children arriving to school on time in the morning. Now that the weather has settled and the periods of extreme rain and poor driving conditions have hopefully passed, I would like to encourage all parents to ensure that the children are at school by bell time which is 8.50am. The staff and I have recently noticed that there are a number of our children who are still arriving late for school on a continuous basis. We certainly realize that there are times when the traffic is unusually heavy or that due to unforeseen circumstances a family find themselves running late in the morning. On these occasions, which happen only once and awhile, we know that the effect on children's learning is minimal. Continuous tardiness however is far more serious.

When one examines the statistics 10 mins late a day adds up to 50 mins or nearly an hour a week when you take into consideration the walk to the classroom from the office. Over a period of a term this absence from the classroom adds up. I have often observed that most children find being late for school very stressful as they know that when they get into the classroom their peers have already started their learning routine. Not only do they miss out on the 'meet and greet' from their teacher but they have missed out on the morning messages given at assembly and the important settling in period that most children experience on the playground before they enter their classroom. Schooling is a social experience and this feature has a powerful influence on a child's feelings about school and their ability to be academically successful. When children are continuously late for school they not only begin their day distracted by what other children may think but their lateness often has a distracting impact on the class in general as the teacher often needs to make special accommodations for the late students. This is particular difficult for older students who are very peer conscious. In an article in Global Post, an American digital news site, journalist Rachel Pancare (2014) describes the importance of encouraging children to learn responsibility by being on time. Being punctual for daily events is one such social responsibility that they need to take into adulthood. Ms Pancare states;

Part of your child's education is learning to be responsible. The school experience teaches children how to meet expectations. They learn to follow schedules, obey rules, complete assignments and keep track of their materials. Learning responsibility in school is a precursor to functioning in the working world, as noted by William Kirby in his 2010 Dayton Daily News article "School Attendance Tied to Academic Success." Attendance is one of the ways children show they can meet their obligations. In many cases, a child's attendance depends on his [or her] parents' ability to help him [or her] be on time. Parents can teach their kids organizational techniques that will help them get out of the house faster, such as packing their bags and laying out their clothes the night before school. But parents who drive their children must also remember to be punctual and responsible. After all, you are the primary role model.

The school is committed to assisting children to be punctual for school. If lateness is an issue for you due to uncooperative children in the morning please do not hesitate to speak to your child's classroom teacher for helpful tips. Developing the habit of punctuality is a gift you are giving to your children. You are not only teaching them respect but you are helping to set them up for success for their future.

God bless you and your family

Bernadette Fabri

Principal



Student of the week is awarded to the child who demonstrates outstanding application across any Key Learning area



st patrick's award

The St Patrick's award is given to the child who lives their life through

Faith in Action



Working Bee

with

Sean McIntosh

Dear Parents

Due to the limited response to our working bee (3 families), the working bee scheduled for this Saturday has been cancelled.

A survey will be sent to parents to try to capture your suggestions regarding a more suitable time.

A special thank you to the 3 families who responded.

Bernadette Fabri

KA	Estelle Perrett
KM	Aireen Kwa
1C	Christina Elzahoul
1S	Andrew Doumit
2M	Isaac Bechara
2Y	Jayden Farah

KA	Jake Doueih
KM	Adrian Sicurella
1C	Sharbel Georges
1S	Ruby Younan
2M	Maya Glinkski
2Y	Dante Dagostino



Parent Math's Forum Follow-up

Reminder that next Thursday we will be running our first Math's afternoon. This will be an informal session with parents invited to share experiences and ask questions as well as giving an introduction to another activity.

Mrs Barclay and Mrs Benkovich will be holding this session on Thursday 28 May from 2.30 – 300pm. Our first session will be looking at activities using a beadstring. We look forward to seeing you there!

Elly Benkovich (On behalf of the Numeracy Team)



Tickets are on SALE now

St Patricks Primary School performance dates are:

Monday 15th June at Nagle College, Blacktown South

Wednesday 17th June at Nagle College, Blacktown South

Please follow the link to purchase your tickets:

<http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=132311>

Captivate Rehearsal

On Tuesday 19th May our choir visited St Andrews Primary school at Marayong for a Captivate rehearsal. We had a great time learning songs with Mr Russell. We'd like to thank Mrs Rodricks and Miss Fabri for letting us be involved. Ray Wehbe 4G



Congratulations to the Izmestyeva family on the birth of their baby girl Jessica, a sister for Alexandriya (KM)

Congratulations to the Nasr family on the birth of their baby girl Alexandra, a sister for Malcolm (1C)



Happy Birthday to the following children who will celebrate their birthdays in the following week:

Angelina Wakim, Aurora Broadbridge, Priscilla Nimmo, Christopher Mekdessi, Abigail Sarangaya, Kyra Dpenha, Zayden Weaver, Clarissa Guino, Alex Layoun



Bookclub Issue 4 2015—Closing

Date 5/06/2015

New procedures for ordering books—please follow below instructions

- Log into www.scholastic.com.au/LOOP or download our new iPhone or iPad app from the App store.
- Select State: NSW
- Select School Name:
St Patricks School : Parramatta
- Once you click on our school you will get the following message:
- St Patricks School : PARRAMATTA is now offering our Linked Online Ordering & Payments (LOOP) for Parents. You will be re-directed to that web site where you can easily enter your order and pay via our secure Westpac payment gateway – no need to return anything to the school."
- You will then be redirected to the Scholastic Home Page
- Select Order
- Select state: NSW
- Select School Name: St Patricks School : Parramatta
- From the right side click on St Patricks School (Parramatta)
- The select "START ORDER"
- Select which issue we are ordering from ie "ISSUE 2, 2015"
- Select Children + and add your children's names/class
- Input which books you wish to order and follow the prompts for payment.
- No need to send anything back to the school as the order automatically comes into the office.

WINTER UNIFORM CHANGE OVER

All children should now be in winter uniform.

The winter uniform is only available from Oz Fashions:

115 - 127 Parramatta Road GRANVILLE
NSW 2142
Phone: 9897 3121

Operating Hours:
Monday to Friday
9.00am—5.30pm,
Saturday
9.00am—4.00pm

Replacing clothes is expensive, parents please ensure all items are labelled.

We encourage parents of the younger grades to place a change of clothes for those little accidents, as we have limited supplies in the office.



PARISH BASED CONFIRMATION

If your child has received First Eucharist and turns 10 by the end of June, he/she is able to prepare to receive the sacrament of Confirmation. Children who have participated in the St Patrick's Parish based program for First Eucharist need only to notify the Parish Office as their paperwork is up to date.

If your child has prepared for First Eucharist in another parish, you will need to collect the form from the school office and return it to Sr Susan at the Parish office.

If you have any questions please contact Sr Susan on **8839 8460**

ALL ENROLMENTS CLOSE ON JUNE 30, 2015.



sub tuum praesidium

Our **VISION** is to be a child centred faith community within an innovative, interactive learning environment.

Our **MISSION** is to –

Live out the Gospel Values in a visibly Catholic tradition

Nurture students for Christian Leadership

Create a range of learning experiences which allow children to progress at their own level

Assist our students to develop into independent thinkers with a deep sense of responsibility and justice

Lead each individual towards reaching his/her potential

Generate a sense of community and compassion in which all experience belonging.

Opportunity for all

**MASS TIMETABLE FOR
ST PATRICK'S CATHEDRAL
PARRAMATTA**

Weekend Masses

Saturday 8.00am, 6.00pm (Vigil)
Sunday 8.00am,
9.30am (Family)
11.00am (Solemn)
6.00pm

Weekday Masses

Monday to Friday 6.45am, 12.30pm
Public Holidays 8.00am

Pastoral Team

Fr Peter Williams elected Diocesan Administrator
Very Rev Fr Robert Bossini
Rev Fr John Paul Escarlan
Rev Fr Steven Hyun
Rev Fr Michael Gitau
Rev Robertus Kim
Sr Susan Ward rsj

2015

TERM TWO – DATES FOR YOUR DIARY

Week Five

Friday 20th May Infants Assembly—Yr 2 2.15pm

Week Six

Thursday 28th May Maths session with Mrs Benkovich and Mrs Barclay 2.30pm—3.00pm

Friday 29th May NO Assembly

Week Seven

Wednesday 3rd June ICAS—Science Skills—7.50am

Friday 5th June Year 5 Bathurst Excursion
Primary Assembly—Yr 4 2.15pm

Week Eight

Monday 8th June **Queen's Birthday Holiday—NO SCHOOL**

Tuesday 9th June **Staff Development Day—NO SCHOOL**

Friday 12th June Athletics Carnival & Infants Fun day
NO Assembly

Week Nine

Monday 15th June Reports sent home to parents

Parent Teacher Interviews begin thru to Friday 26th June

Friday 19th June Infants Assembly—Kindy 2.15pm
School Disco (more details to come)

Week Ten

Tuesday 23rd June Walk-a-thon

Friday 26th June Primary Assembly— Yr 3 2.15pm

LAST DAY OF TERM

The Parent Calendar is now available under events on the Skoolbag app. From the home screen go into events and all Term 1 events are available to view. Should you have any issues please contact the office who can guide you through it.



School mornings

How to get kids ready for school without a fight

How things go at home in the morning can set the tone for the day ahead. Children who arrive at school feeling calm, relaxed, fed and ready can make the most of the first few hours of the day.

Children don't understand time in the same way as grown-ups. This can make school mornings a stressful time of day for families. Time pressures and competing demands can turn mornings into a combat zone.

Getting along in the morning at home will also help you. Research shows that fighting with children in the morning makes it harder for you to work well. It even increases the risk of you having an accident at work.

Here are some ideas to take some of the pressure out of school mornings – even if things don't always go smoothly!

The night before

- Try to find out the night before (or even earlier) if there is something special going on at school.
- Prepare lunches and set the breakfast table ready for the morning rush.
- Get your child to have a bath the night before. This means you won't have to worry about this in the morning.
- You might know something is going to come up that could cause conflict (such as buying lunch or choosing which clothes to wear). Talk about it the night before when everybody has time and is less likely to be stressed.



did you know ?

The first few hours of the day are the best learning time for children.

Mornings are easier when children go to bed at 7.30-8 pm (the same time every night).



Try to read school newsletters and check bags for notes the night before. You could also try to prepare clothes, sign school notes, and get schoolbags ready the night before.

In the morning

- **Getting up an extra 15-30 minutes earlier might help things run more smoothly.** Also try to allow plenty of time to get from home to school. Rushing can really increase stress levels.
- **Good moods can be infectious.** Tackle the morning as positively and as optimistically as you can.
- **Mornings are easier if your children can do things for themselves.** Once your children are old enough, getting dressed on their own, making their own breakfast, and tidying up after themselves can all make things easier.
- If your children are young, **remind them what they are meant to be doing** and when. Simple 'to do' checklists, even with pictures, can help as a reminder.
- Some children get up more easily if they have an **alarm clock**.
- Try to **cut down on distractions**. Television is one of the culprits that can distract children from getting ready. Consider leaving it off, unless it's a special treat for being ready on time.
- **Focus on the positives.** A rule of thumb here is six positives for every negative. Look for good behaviour and try to ensure that positive comments – [praise and encouragement](#) – outweigh instructions and reprimands.
- **Use surprises to celebrate cooperation** and being ready on time. A treat in the lunch box, or an extra story at bedtime might be all it takes.
- **Try not to give your children extra attention for arguing, whining or stalling.** Even negative attention is an incentive for them to keep arguing, whining and stalling.

STUDENT UNIFORM

- School uniform is to be worn daily by all students except on the following occasions:
 - Class PE lesson days (sports uniform to be worn)
 - Athletic or Swimming Carnival days (sports uniform to be worn)
 - Special days eg Mufty - dress to be nominated
- Students are to wear their school uniform for all school functions and excursions unless permission has been given otherwise.
- It is the teacher's responsibility to encourage good grooming habits especially in reminding children about their appearance, e.g. shirts neatly tucked in, socks pulled up, hats on, clean tidy hair, hands washed, etc.
- Children must wear a school hat when outdoors. Children without hats are to play in the shade. Baseball caps are not permitted. Teachers are expected to wear a hat while on playground duty for their own sun safety.

UNIFORM

- Full school uniform is to be worn at all times.
- Uniforms and shoes should be clean and neat.
- School hats are to be worn when outside buildings.
- Girls hair ribbons should be green.
- Girls long hair must be plaited or tied back.
- Boys are to have hair cut neatly, above the collar, and of an even and regular cut.
- The use of hair gel or hair dye is not permitted.
- No nail polish is to be worn.
- Jewellery is not permitted apart from a wristwatch, sleepers or small plain studs in pierced ears.

Girls' Summer Uniform

Tartan School Dress

Short White above ankle Socks

Black Shoes

Green Hair Ribbon

Green School Hat

Girls' Winter Uniform

Tartan Pinafore

White Long Sleeve Blouse (Peter Pan collar)

Tartan School Tie

Green above ankle Socks or Tights

Black Shoes

Green School Jumper

Green Jacket with Emblem

Green School Hat

Girls' Sports Uniform

Green Shorts

Sport Shirt with School Emblem

White above ankle Socks

White Sports Shoes

Track Suit with School Emblem

School Back Pack

Boys' Summer Uniform

Grey Shorts

Grey Short Sleeve Shirt

Grey above ankle Socks

Black Shoes

Green School Hat

Boy's Winter Uniform

Grey Long Trousers

Grey Long Sleeve Shirt

Green Tie

Grey above ankle Socks

Black Shoes

Grey School Jumper

Green Jacket with Emblem

Green School Hat

Boys' Sports Uniform

Green Sports Shorts

Sports Shirt with School Emblem

White above ankle Socks

White Sports Shoes

Track Suit with School Emblem

School Back Pack

PILGRIMAGE 1

Philippines Mission Experience & World Youth Day Krakow 2016



PHILIPPINES + POLAND 21 days Pilgrimage

Tentative Dates:
15 July – 4 August

This itinerary takes pilgrims to Bohol Island in the Philippines, where in 2013, the Diocese of Tagbilaran was devastated by an earthquake. Pilgrims will spend four days working with young people in schools, parishes, and orphanages looking to rebuild and provide hope for the future. Following this mission experience, the group travels to Poland visiting shrines and the concentration camp at Auschwitz then joins the second pilgrimage for World Youth Day week in Krakow.

Who: Young Adult Parish Pilgrims, Student Pilgrims and Teacher Pilgrims aged 16 to 35

PILGRIMAGE 2

Footsteps of St John Paul II & World Youth Day Krakow 2016

POLAND 16 days Pilgrimage

Tentative Dates:
20 July – 4 August



This itinerary begins in Warsaw, Poland and follows in the footsteps of St John Paul II. Pilgrims will travel to the Pope's hometown of Wadowice, visit the remains of the former World War II concentration camp, Auschwitz and visit famous shrines including the Divine Mercy and the Black Madonna. After six days the group will connect with the first pilgrimage in Krakow for World Youth Day week.

Who: Young Adult Parish Pilgrims aged 18-35. *This pilgrimage is not available to students and teachers of Catholic Education Diocese of Parramatta*



WYD PILGRIM INFORMATION NIGHTS

7.00 - 8.30 pm

Tuesday 12 May 2015 Greystanes Parish	Monday 18 May 2015 St Mary's Parish	Tuesday 26 May 2015 Springwood Parish	Monday 15 June 2015 Parramatta Parish	Tuesday 16 June 2015 Rouse Hill Parish
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NOTES

- Prospective pilgrims only need to attend one Information Night
- Mandatory Pilgrim Formation Nights will take place in 2016
- Please check www.parrawyd.org for up to date information or changes

ADDRESSES

- Our Lady Queen of Peace Parish**
198 Old Prospect Road, Greystanes
- Our Lady of the Rosary Parish**
26 Swanston Street, St Marys
- St Thomas Aquinas Parish**
168 Hawkesbury Road, Springwood
- St Patrick's Cathedral Hall**
1 Marist Place, Parramatta
- Our Lady of the Angels Parish**
18 Milford Drive, Rouse Hill



Nutrition Snippet

The simplest way

...to make healthy fried rice.

Our healthy fried rice will satisfy even the fussiest of eaters. Send the next day to school for lunch – it's good hot or cold, easy to make and packed full of vegies!

Ingredients

- 1 cup brown rice (uncooked)
- 1 tbs olive oil
- 1 onion, thinly sliced
- 1 egg, lightly beaten
- 500g pack frozen mixed vegetables
- 2 tbs reduced-salt soy sauce
- 2 tbs sweet chilli sauce
- 2 tbs water



Method

Cook rice according to packet directions. Meantime, heat olive oil in fry pan or wok. Add onion to pan and cook until soft. Add egg and scramble until cooked. Stir in cooked rice and fry for two minutes. Add in vegetables, cooking until heated through. In a separate bowl, mix together soy sauce, sweet chilli sauce and water. Add sauces to the rice mixture and stir until heated through. Serve warm, and enjoy!

For more information visit www.eatittobeatit.com.au or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.





Two-Day Music Workshops

For Boys and Girls aged 9 - 14

Date: May 23 and 30, 2015

Venue: Christina Creede Music Centre,
Our Lady of Mercy College Parramatta

Cost: \$150

- **VOCAL WORKSHOP:**

All Creatures Great and Small (9am-12pm)

Learn about voice, develop vocal performance techniques and prepare pieces for performance as you sing songs about animals at this fun morning workshop.

- **WOODWIND WORKSHOP:**

Tone, Technique and Timing (1pm-4pm)

Join in group activities and perform in large and small ensembles as you discover ways to improve your sound, timing and rhythm and develop your technique.

www.olmc.nsw.edu.au/theacademy



*Holy Family Primary School,
Luddenham*

25th Anniversary

Mass & Morning Tea

Friday 12th June

9.15am in the Church

Followed by Morning Tea in the School Hall

*RSVP - 22nd May to
Marie, Monica or Despina in the School Office*

For further information contact the

School Office on 4773 4485

Email - Luddenham@parra.catholic.edu.au