

# st patrick's primary school parramatter patter

5th November 2015 Term 4 No.5

Dear Parents,

Children in today's society are far more exposed to the world of technology than I could ever have imagined when I had my young family many, many years ago. I am forever grateful that I didn't have to constantly be aware of what my children were doing on social media. How do you as parents strike a balance between supporting your children's access to the wide variety of communication available and ensuring they learn that social and emotional contact is still very much a real part of life?



In reality the experience of many parents is quite frightening, with young adolescents spending hours texting and on Facebook. During these formative years children are vulnerable. Due to their maturity level they are unable to discern between what is appropriate and inappropriate use of technology. Social media, when not suitably monitored, can expose our young people to dangers and leave them unprotected and unsafe in the cyber world.

In an article from 'Proactive Parenting Approach' the following tips were suggested to help parents support children as they grow up in a world where social media surrounds their every moment.

- Don't be afraid of technology use and don't just ban all types of technology or screen time.
- Monitor the use of screen time including TV and gaming from when children are very young.
- Children under the age of around 8 years don't need their own personal iPad for games and certainly don't need a phone or iPod.
- Never put a TV or computer into a child's bedroom. This can establish a pattern of children hiding away without others knowing what they are doing or watching.
- Ensure that children have the balance of imaginative play and outdoor activities rather than just wanting to play screen games.
- Ensure that once children are older and have a phone or device for games that there are rules such as:
  - o A common docking station where all devices are placed communally before bed
  - o Designated times when the devices can be used
  - o Devices that cannot be used in bedrooms or in isolation.

Remember, the minimum age for most social media platforms is 13 years of age and with adult supervision.

- If your child is really keen to have a Facebook account, set up a family one and model the types of appropriate things that can go onto it.

Your children may come home and tell you that "every other child has one" or "everyone else is allowed to" but that is often not the case. Don't be afraid to say "NO" to your children once in a while. I am sure that you all heard your own parents say these words when you yourselves were growing up. Get to know your children's friends and their parents, building a rapport amongst other parents enables you to better differentiate and respond to the sweeping statements that children can sometimes make. Trust that you know what is best for your children, they may not always like it; be confident to be your child's "best parent" not their "best friend".

Elly Benkovich  
Acting Principal



## Honour Award

The Honour Award is awarded to the child who demonstrates outstanding behaviour shown in the Student Charter

3L	Aidan Vancuylenberg
3T	JJ Rizk
4B	Marcus Grohs
4G	Pauline Said
5C	Simon Khalil
5T	Monica Giurgius
6P	Francesca Davino
6W	Nicholas Parkes



## st patrick's award

The St Patrick's award is given to the child who lives their life through Faith in Action

3L	Christian Moujalli
3T	Elna Koikkara
4B	Chanel Nader
4G	Jonah Freifer
5C	Antonia Behan
5T	Gabriel Rashada
6P	Harrie Christopher
6W	Chanel Chidiac

### Not Returning to St Patrick's in 2016

Thank you to the parents who have informed the office that their child will not be returning to St Patrick's in 2016. If your child is not returning to St Patrick's in 2016 please send a letter to Ms Fabri stating the last day of attendance at St Patrick's and which school they will be moving onto in 2016.

### School Group Photo

On the 16th November St Patrick's will be taking our annual school group photo. The children are required to wear full summer uniform. The photo will be taken at approx. 9.30am, so if you could have your children to school on time it would be greatly appreciated.

### Consent Forms—Kindy to Year 5

Consent forms were sent home to children in Kindy to Year 5. These forms will stay on the children's files for the period of enrolment. Please ensure all parents residing with the child have completed both sides of the form and ticked all boxes. Please return to your class teacher as soon as possible.

### The Pope Francis 'To Do' List

Do not give in to denial, indifference, resignation, blind confidence in technical solutions. (14, 59)

### Back to School 2016

If you plan to travel overseas or interstate over the Christmas holidays and your child will be returning late back to school in 2016, please notify the school office in writing stating the date they will be returning to school. Please note if your child will be missing 10 or more school days they are required to complete an application for Extended Leave form, which can be collected from the office. Parents are discouraged to take children out of school for travel or extended holidays during school time. This can have a detrimental effect on your child's academic



Happy Birthday to the following children who will celebrate their birthdays in the following week:

Christine Kahwaji, Gabriella Cruz, Andre Eltakchi, Noah Gebrael, Maria Wahbe, Daniel Saleh, Satvik Poreddy, Michael Aboumelhem, Shanelle Braganza, Gabriella Mendoza, Jack Gittany,

## NEW PICK UP CONDITIONS

Dear Parents

Thank you so much for your continued cooperation and patience regarding our new car pick-up conditions. Although we are still experiencing some complications, generally the system is running quite well. There are definite plans to look at making the school section of Trott Street one way however until then we ask for your assistance by:

- Avoiding U-turns outside the school to join the queue
- Ensuring you display your family name sign where it can be easily seen (have one in both cars if necessary, the children can help make these)
- Being patient.

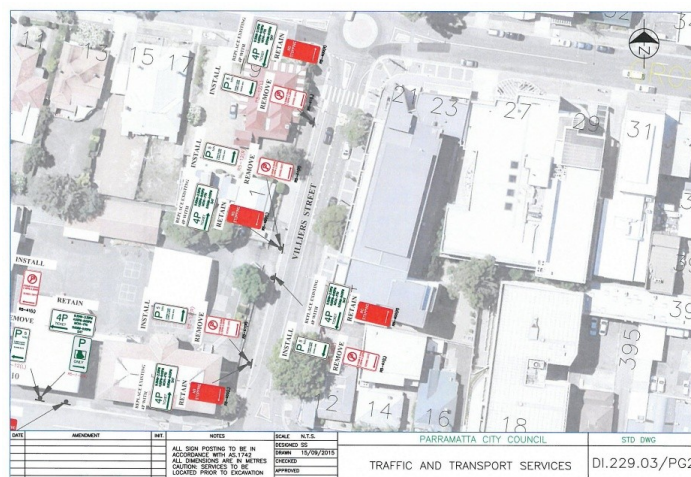
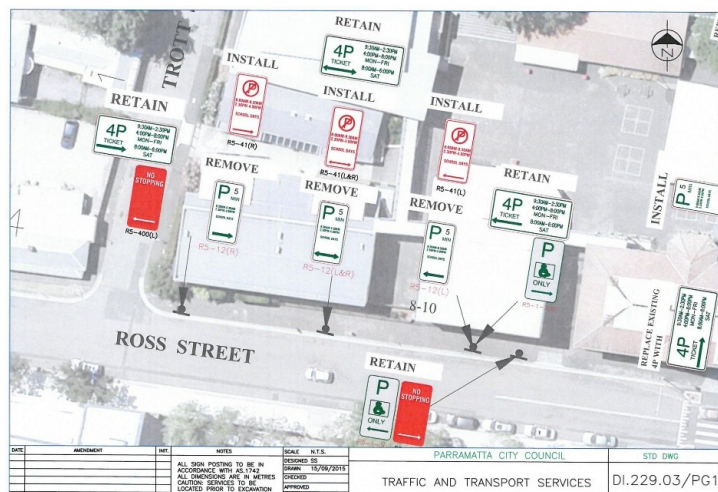
We remind parents and older siblings, who are not using the pick-up service, to please enter the school gate and collect your children either from their classrooms or the amphitheatre.

Regards

Elly Benkovich

Please read the following changes to the afternoon drive thru—

1. The existing 'P5 Minutes 8:30am-9:30am 2:30pm-4:00pm School Days' restriction located on the north side of Ross Street between Trott Street and Villiers Street, Parramatta (outside St. Patrick's Primary School) will be replaced with a 'No Parking 8:00am-9:30am & 2:30pm-4:00pm School Days' restriction as shown in attached sketch 1.
2. The existing 'No Parking 8:30am-9:30am 2:30pm-3:30pm School Days' restriction located on the west side of Villiers Street between Ross Street and Gross Street, Parramatta (outside St. Patrick's Primary School) will be replaced with a 'P5 Minutes 8:00am-9:30am & 2:30pm-4:00pm School Days' restriction as shown in attached sketch 2.



**ARE YOU INTERESTED IN JOINING THE MUSIC AND PERFORMANCE ACADEMY AT OLMC FOR 2016 ( Yr 3 – 6)**

Information was sent out regarding an opportunity for your child to receive instrument and band tuition provided by the Music and Performance Academy at OLMC. Some students from the OLMC Academy will be performing @ 2.00pm on Friday at our Primary assembly. If you are interested in this program for your child in 2016 you may wish to attend this performance. Paul Whitney, who runs the academy, will be available after the performance. The program will involve after school lessons and a cost will be incurred for those families interested in taking up tuition. Please send your completed expression of interest to St Patricks school office or scan and email to [music@olmc.nsw.edu.au](mailto:music@olmc.nsw.edu.au)



## *Dancing Under the Stars' Family Disco*

On Friday 20<sup>th</sup> November, 2015 St Patrick's will be holding our annual 'Dancing Under the Stars' Family Disco, weather permitting. The evening will be led by one of the FOOTSTEPS Dance Instructors that has been working with the students teaching them dance and movement throughout the Term. The disco will begin at 6pm and conclude at 8pm. Gates will be open from 5pm.

Why not have a night off cooking and grab dinner at the disco. Food will be available from 5pm. We will have **pizza, dippin' dots ice-cream, water, drinks and ice blocks for sale on the night.** Students will also be able to purchase glo-sticks from the canteen to help light up the dance floor. Please note that there will be NO kebabs on the night but you are welcome to bring a picnic basket— Nut free products only.



This year we will also be holding a **DANCE OFF.** There will be an **Infants and Primary dance off** which will give the student who wish to participate a chance to show off their funky dance moves. Students may enter individually or with a partner/group. Prizes will be awarded to the top 3 boys and girls in each category. Remember the objective is to have fun, so it is not a serious event.

## *World Youth Day - Help the Philippines - Gold and Fold*

*St Patrick's will be having a Mufti day to raise funds to assist the people in the Diocese of Tagbilaran on Friday 13th November.*

At this stage we have had no offers of assistance regarding the sale of tickets for the Gold and Fold Appeal, if you would like to assist to raise funds for the **World Youth Day - Help the Philippines** by selling raffle tickets at the school disco or before or after school, please ring the office and leave your name. The prizes for the raffle are gift vouchers donated by the Cathedral Parish. The gift vouchers are:

\$100 Oatlands Village Fresh Produce

\$50 City Extra

3 x \$50 Parramatta Leagues Club

2 x VIP Bondi Pizza Voucher

2 x \$50 Parramatta Park Café

\$50 Blacktown Workers Club

\$100 Lachlan's Old Govt House

2 x \$30 Porters Liquor Oatlands

CATHOLIC DIOCESE OF PARRAMATTA

**WYD 2016**

Pilgrims from the Diocese of Parramatta will be involved in a mission experience in the Diocese of Tagbilaran, Bohol, Philippines on their way to Poland for WYD 2016

**Meet the challenge of Pope Francis in helping and caring for those in need.**

Blessed are the merciful, for they will receive mercy Mt 5:7

Catholic Youth



*sub tuum praesidium*

Our **VISION** is to be a child centred faith community within an innovative, interactive learning environment.

Our **MISSION** is to –

Live out the Gospel Values in a visibly Catholic tradition

Nurture students for Christian Leadership

Create a range of learning experiences which allow children to progress at their own level

Assist our students to develop into independent thinkers with a deep sense of responsibility and justice

Lead each individual towards reaching his/her potential

Generate a sense of community and compassion in which all experience belonging.

**Opportunity for all**

#### MASS TIMETABLE FOR ST PATRICK'S CATHEDRAL PARRAMATTA

##### Weekend Masses

Saturday	8.00am, 6.00pm (Vigil)
Sunday	8.00am, 9.30am (Family) 11.00am (Solemn) 6.00pm

##### Weekday Masses

Monday to Friday	6.45am, 12.30pm
Public Holidays	8.00am

##### Pastoral Team

Fr Peter Williams elected Diocesan Administrator  
Very Rev Fr Robert Bossini  
Rev Fr John Paul Escarlan  
Rev Fr Steven Hyun  
Rev Deacon Willy Limjap  
Margaret Gale ( Sacramental Coord)

## Straight from the Parent Handbook...

### PHYSICAL EDUCATION - SPORT

All classes participate in a Physical Education lesson each week with a specialised Physical Education Teacher. Primary class teachers regularly take classes for sport and games activities. All children participate in a gymnastics program (TriSkills) usually in Term Three and a Dance program usually in Term 4.

**2015**

### TERM FOUR – DATES FOR YOUR DIARY

#### Week Five

Friday 6th November

Primary Assembly—Yr 4 2.00pm

OLMC musical presentation during assembly  
*Specifically targeted for parents who are interested in the OLMC Band Program*

Year 1 excursion to “Wetlands”

#### Week Six

Tuesday 10th November

Footsteps Dance continues

Friday 13th November

**World Youth Day - Help the Philippines - Gold and Fold - Mufti Day'**

Assembly—Choir 2.15pm

#### Week Seven

Tuesday 17th November

Footsteps Dance continues

Friday 20th November

Primary Assembly—Yr 5 2.15pm

'Dancing under the Stars' Family disco

Gates open 5pm

#### Week Eight

Tuesday 24th November

Footsteps Dance continues

Friday 27th November

Infants Assembly—Kindy 2.15pm

#### Week Nine

Tuesday 1st December

Footsteps Dance continues

Friday 4th December

Year 6 Graduation Mass—9.15am

No assembly

#### Week Ten

Tuesday 8th December

Footsteps Dance continues

Wednesday 9th December

Peace on Earth Christmas Concert—  
1.30pm

Thursday 10th December

Swimming Carnival

Friday 11th December

Whole School Farewell Assembly -  
Year 6 - 2.15pm



## OLMC Parramatta Mercy Scholarships



Our Lady of Mercy College Parramatta is now accepting applications for Mercy Scholarships for Academic Excellence and Music Excellence. Girls entering Years 7, 9 or 11 in 2017 are invited to apply. Visit the College website [www.olmc.nsw.edu.au](http://www.olmc.nsw.edu.au) for more information.

### OLMC Parramatta Open Morning Tour

Our Lady of Mercy College Parramatta warmly invites you to attend our Open Morning Tour on November 16, 2015 the last tour of the year.

Tour the College and discover why a Mercy Education is treasured for life and enjoy a 'comfortable cup of tea' with the College Leadership Team.

The College is now enrolling for 2017.

Visit [www.olmc.nsw.edu.au](http://www.olmc.nsw.edu.au) to reserve your place or contact the Registrar 8838 1222 to discuss how your daughter can be a Mercy Girl.

## 2016 Travel Passes

Changes have been made to the travel passes for 2016. If you have never held a pass previously or your child is moving from year 2 to year 3 in 2016 you are required to apply online. Please send your child into the school office to pick up a brochure.

# School students

## Tap into



The smarter way for students to travel to and from school.



Nutrition Snippet

## The simplest way

...to add veg to a barbecue.

The weather is warming up and so are the backyard barbecues. But it need not be an entirely meat affair. Here are some ideas for adding healthy veg to the barbie:

**Kebabs** - capsicum, zucchini, eggplant and mushrooms work well. Add to pork, chicken or lamb.

**Chips** - slice potato or sweet potato, and grill on the hotplate.

**Salad** - grab some green leaves and toss in tomato, cucumber, carrot, beans, capsicum or whatever takes your fancy!

**Vegie sticks and dip** - chop up carrot, cucumber, and celery sticks to dip in yummy hummus, or an eggplant or beetroot dip.



For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.







## OOSH North Parramatta

Offering before and after school and vacation care services to the families of St. Patrick's Primary School for over 20 years.

We have been assessed as "*exceeding standards*" under the National Quality Framework.

46-48 Sorrell Street, North Parramatta

02 9683 3009

[www.ooshnp.com](http://www.ooshnp.com)





# Holroyd City Council

## Out of School Hours



## Services Offered by our Out of School Hours Education and Care Centres (OOSH)

Council OOSH centres cater for children aged 5-13 years who attend primary school in the Holroyd Local Government area as well as surrounding areas.

Services operate Monday to Friday:

Before school care from 6.30am - 9.00am

(Pembury OOSH 6.00am - 9.00am)

After school care from 3.00pm - 6.00pm

School Holiday Program 7.00am - 6.00pm - Full day. All activities and excursions are provided.

Closed public holidays.

Breakfast and afternoon tea are provided along with an interest based program that focuses on the National Quality Framework and My Time Our Place.

The services run stimulating and educational programs that promote physical activity and healthy lifestyle. Homework is supported through the homework club.

Environmentally friendly initiatives are promoted within the services. Services promote child well-being and development through the safety program.

Experienced and qualified educators develop programs to meet the children's interests and needs.

Families are welcome to visit [www.holroyd.nsw.gov.au](http://www.holroyd.nsw.gov.au) to complete an online waiting list application as well as view programs and complete enrolment forms.

## Council OOSH Centre Contact Details

Sherwood Grange OOSH: T 9892 4207 - M 0419 632 885

Ringrose OOSH: T 9636 65 86 - M 0418 442 153

Guildford West OOSH: T 9721 2257 - M 0419 120 575

Pembury OOSH: T 9896 6129 - M 0427 058 227

Pendle Hill OOSH: T 9631 8063 - M 0410 553 284

Widmere OOSH: T 9757 1904 - M 0417 647 310

Parramatta West OOSH: T 9632 5246 - M 0408 241 513

