



St Patrick's Primary School Newsletter

16th November 2017 Term 4 Week 6

Dear Parents,

Very soon Year 2 and the primary children will be participating in the swimming carnival. Swimming is a very important skill, especially in a country like Australia which is surrounded by water. It is crucial that our children are equipped with this essential life skill long before their teen years. If you do not take your children to regular swimming lessons, even over the winter months, may I encourage you to do so. Children who learn to swim well, have often been learning to swim from a very young age. For some children learning to swim can be a little difficult however just like any other area it is the availability of the '200 hits' that makes all the difference.

I have included below some tips regarding swimming, from champion swimming coach Mr Laurie Lawrence. Mr Lawrence's main message, especially for parents that cannot afford swimming lessons is that, "children can learn great swimming and water safety skills through regular play and exploration under adult supervision".

Tip 1. Exposure is the key

Children with home pools usually turn into the best little swimmers. Why? Because they are in the pool every day. Laurie suggests taking your child at least twice a week for a swim. He said "kids going regularly for a play will even have an advantage over kids who only have one swimming lesson a week"

Tip 2: Master independent floating

Laurie believes "floating is the basis of all learn to swim". He encourages parents to make independent floating on the front and back the first priority. He recommends parents avoid "floaties" and teach natural buoyancy and a feel of the water. Laurie said "children who can float learn to move efficiently through the water rather than thrashing and struggling to keep themselves afloat". Kickboards can be used for balance in the early learning stages.

Tip 3. Encourage independence

While Laurie insists supervision at arm's length is vital, he believes that independence is the key to build great swimming skills. For this reason he encourages parents to wear a tee-shirt and not to over handle their children in the pool. Laurie said "stay low in the water and let children grip you, teach them to recover independently instead of picking them up after swims". Laurie suggests playing in shallow water, monkey hands around pool edges and climbing out of the pool to build independence. He said "building independence will teach children their limitations, boundaries and a respect for the water".

Tip 4. Build skills slowly

According to Laurie learning to swim properly will take years to accomplish. Laurie said "people try to rush and put too many skills together at the same time". He explains that you should build one skill at a time and follow the learning progressions of water familiarisation, breath control, submersion, floating, kicking, paddling and breathing. Laurie said "water safety skills should underpin the entire learn to swim process".

Tip 5. Swimming must be fun

Don't forget to have fun, fun, fun! Laurie believes that being in the water with your child is perfect for bonding and giving them your undivided attention. He recommends parents model safe swimming behaviours and teaching children to read and follow pool rules.

While the swimming pool is the greatest hazard, Laurie stresses that children must learn about water safety in all environments.

Whilst the school is not in the position to recommend any individual swim school the, 'Swim and Survive', website lists a number of Royal Life Saving approved schools within 10km from our local area. These are printed on the next page or found on this website, <http://www.swimandsurvive.com.au/>

Perhaps Santa can gift your child with swimming lessons for 2018. Your children will be forever grateful for this gift.

God bless you and your families
Bernadette Fabri
Principal

Ph: 02 8832 4600

Villiers Street, Parramatta NSW 2150

Po Box 2308, North Parramatta NSW 1750

Office hours 8.30am—3.30pm

stpatricksparra@parra.catholic.edu.au

www.stpatsparra.catholic.edu.au

Waves Fitness & Aquatic Centre - Belgravia Leisure Baulkham Hills	9639 6133	wavesfitnessandaquatic.com.au
Cumberland Council Swim Schools - Granville, Guildford & Wentworthville	9632 1491	
Auburn Ruth Everuss Aquatic Centre - Belgravia Leisure- Lidcombe	0466 552 256	www.auburnaquaticcentre.com.au
Aquabliss School of Swim - Hills Sports Centre, - Seven Hills,	9838 4422	www.aquabliss.com.au
Aquatic Safety Training Academy - Seven Hills	8814 8637	www.aquaticacademy.com.au
Next Gen Health & Lifestyle Clubs - RYDE	9334 0000	http://www.nextgenclubs.com.au/home/ryde.aspx
Epping Aquatic & Leisure Centre - Dolphins Swim School - Epping	9630 3669	www.cityofparramatta.nsw.gov.au
Ryde Aquatic Leisure Centre - Ryde	8878 5100	www.ryde.nsw.gov.au/ralc

KINDY INFORMATION NIGHT

Thank you to all the parents who attended the Kindergarten Information Night last night and to the parents who led discussion groups at the end. Good communication in a school is vital and I really appreciated the knowledge and expertise these parents and other experienced parents shared with each other. Thank you, also, to the teachers who presented many the practical aspects that need to be considered when children are starting school. Looking forward to 2018.

<u>Scholastic Year</u>	<u>Sch Yr Attendance Level %</u>
K	96.0%
01	87.1%
02	88.6%
03	86.2%
04	89.4%
05	88.8%
06	83.6%
CEDP Attendance Benchmark Target Level = 90%	
St Patrick's Current Attendance Level = 88.6%	

Not Returning to St Patrick's in 2018

Thank you to the parents who have informed the office that their child will not be returning to St Patrick's in 2018. If your child is not returning to St Patrick's in 2018 please send a letter to Ms Fabri stating the last day of attendance at St Patrick's and which school they will be moving onto in 2018. This does not apply to year 6 students.

THANK YOU 'CANTEEN ANGELS'

A special thank you is extended to two of our parents, who spent an entire day cleaning and organising the school's 'canteen' space.

These volunteers did such a marvellous job of organising the canteen so that any parent using it to sell items for the children's treat days can find what they need. On behalf of everyone at the school, thank you so much!!!



Honour Award

The Honour Award is awarded to the child who demonstrates outstanding behaviour shown in the Student Charter



3L	Christian Sta Rosa
3T	Ruby Younan
4B	Alex Layoun
4G	Lucy Parkes
5C	Laurice Behan
5T	Syrus Dig
6P	Matthew Liang
6W	Andrew Barakat

st patrick's award



The St Patrick's award is given to the child who lives their life through Faith in Action

3L	Sophia Pagua
3T	Jacob Manago
4B	Evelyn Gereige
4G	Jazmyne Grech
5C	Deo Cerillo
5T	Joseph Romanos
6P	Xavier Dagostino
6W	Daniel Motilal

NOTIFICATION REGARDING GATE CLOSURE IN 2018

To ensure full compliance with the school's timetable hours (8.50am to 3.00pm) please be aware that as from **Term 1, 2018 the main gate will be locked at the official gazetted school start time, that is at 8.50am.** This will mean that any child who arrives after 8.50am will require an adult to sign them in and this will be recorded as a partial absence. We are no longer able to continue to give children the 10mins grace period. It is hoped that giving families this early notification will assist parents whose children are currently arriving late to school ie after 8.50am. It is our recommendation that parents and children begin working on strategies now, to try to arrive by the starting time. Below are some suggestions to help improve this punctuality.

1. Prepare as much as you can the night before
2. Identify and overcome distractions
3. Make your morning routine visual
4. Delegate some responsibility
5. Make yourself scarce
6. Be willing to take your child to school even if they aren't fully ready

Please contact your child's class teacher or members of the leadership team if we can be of any assistance.

Regards

Bernadette Fabri

AFTERNOON PICK UP - BAGS IN BOOT

Dear Parents

In the afternoons, can we encourage you to ask the children to enter the car and to place their bags on their laps or on the floor, instead of asking them to go behind the car to place their bags in the boot. Our safety recommendation is driven by our observation of children dangerously going in between cars, keeping in mind what could happen if cars accidentally move forward. We ask you to seriously consider this recommendation.

Thank you!



ICE BLOCKS !! We are selling ice blocks every Friday until the end of term. Each child may buy **ONE** ice block at \$1.00 each.



CHRISTMAS APPEAL

Week 8 - 24 to 28 November

Thank you for your continued support of the St Vincent De Paul Christmas Appeal over the years and for including this organisation in your donations this year. Information about what your child can bring to school is provided below.

For those of you who are in the position to contribute just that little bit more this Christmas, you will find an appeal run by JRS - ARRUPÉ HOUSE in this newsletter. Thank you as always for your generosity.



Kindergarten: pasta, rice, noodles, sauces (non glass containers)

Year One: tinned vegetables (peas, carrots, beetroot, corn etc), gravy mix, meal base mixes (maggi meals)

Year Two: tinned fruit, chips, lollies, twisties, lunchbox snacks (rollups, muesli bars, LCM)

Year Three: jam, vegemite, honey, cheese spread (NO peanut butter please), laundry products

Year Four: tea, coffee, cereal, long life milk, sugar, toppings for icecream, milo

Year Five: cordial, poppers, fruit juice, soft drinks, etc.

Year Six: cakes, biscuits, (plain, savoury, chocolate), toiletries



CHRISTMAS CONCERT INFORMATION



Christmas time is fast approaching and preparations are underway for our annual Christmas Concert. This year we are performing 'The Magical Christmas Box' on **Monday 11 December** in the **Edith Angel Hall** at **OLMC**. The performance will start at **1pm**. We looking forward to celebrating the end of the school year and Christmas.

Thanking you for your continued support and cooperation.
The Christmas Concert Committee



WHOLE SCHOOL PHOTO MONDAY 27TH NOVEMBER



On Monday the 27th November the school photographers are returning to the school to take a whole school photo, which will be displayed in the foyer, and the Year 6 Graduation photo. **Children will need to wear summer school uniform.**



Volunteers needed

Thank you to the parents who have volunteered to assist at our carnival. To ensure the smooth running of the swimming carnival we require more volunteers. If you are available on the 29th November your help would be greatly appreciated.



Happy Birthday to the following children who will celebrate their birthdays in the coming week:

Zoe Borger, James Fraser,
Clyde Guatlo, Camran Nasrulla,
Arwen-Cady Firmeza



NAME THE CRANE COMPETITION

On 3rd Friday November members of lendlease came to St Patrick's to invite all students to enter the 'Name the Crane' Competition. Lendlease is the company that are constructing the new Western Sydney Stadium. The competition is open to all students and they are asked to make

NAME THE
CRANE AND
WIN FOR
YOUR SCHOOL

up a name for the large crane that has been delivered to the stadium site. The children will then need to explain in a few words why they have chosen that name. The judges will be looking for the most creative names and decorative colouring in, The winner and runner up will get a book voucher for their class and will have their 'name' displayed on the site. They will be invited with their parents to the unveiling. Children will be given time in class to enter. All finalists will need a signed parent approval and release form completed. Some important dates include:

1. Close of competition (17/11/17)
2. Winner announced (24/11/17 8.50am)
3. Unveiling of winning artwork involving winner/runner up and parents/teacher (onsite 1/12/17) **change of date**

Back to School 2018

Parents, if you intend to travel overseas or interstate during the Christmas holidays and your child/children will be returning to school after school resumes on the 31st January 2018, could you please notify the office in writing. Please remember if it is 5 or more days you will be required to complete an extended leave application form which can be collected from the office, prior to going on leave and **must be lodged in 2017**.

JRS - ARRUPE HOUSE
Christmas Appeal
November 6 to December 6

**113 FAMILIES
NEED OUR
HELP THIS
CHRISTMAS**



HELP US REACH OUR TARGET:
350 GIFT VOUCHERS FOR ADULTS:
WESTFIELD, BIG W, KMART, COLES, WOOLWORTHS

150 PRESENTS FOR CHILDREN
(120 CHILDREN ARE AGED 0-8 YEARS
AND 30 CHILDREN ARE AGED 8-13 YEARS).

Place a gift in the stable and give Joy to a family seeking refuge



CAROLS
in the forecourt
The most wonderful time of the year!

7pm Saturday
December 2

St Patrick's Cathedral Forecourt
1 Marist Place Parramatta

Entertainment includes:

- St Patrick's Primary School choir,
- Cathedral musicians and community choirs,
- Re-enactment of the Christmas story,
- Jumping castle, Christmas stalls, a visit from Santa and
- BBQ in aid of Arrupe House (Jesuit Refugee Service)

Everyone is welcome.

2017 School Calendar

Term 4

Week 6

Friday 17th November Ice Blocks will be sold at lunch time
Primary Assembly—Year 5—2.15pm

Week 7

Tuesday 21st November 'Footsteps' Dance continues
Friday 24th November Ice Blocks will be sold at lunch time
Infants Assembly—Year 1—2.15pm

Week 8

Monday 27th November Whole School Photo—Full Summer Uniform
Tuesday 28th November 'Footsteps' Dance continues
Wednesday 29th November Swimming Carnival Year 2—Year 6
Friday 1st December Ice Blocks will be sold at lunch time
Primary Assembly—Year 4—2.15pm

Week 9

Tuesday 5th December 'Footsteps' Dance continues
Friday 8th December Year 6 Graduation Mass—9.15am
Infants Assembly—Kinder— 2.15pm

Week 10

Monday 11th December Christmas Concert—1pm OLMC Hall
Tuesday 12th December 'Footsteps' Dance continues
Friday 15th December Thanksgiving Mass—more details to come
Whole School Farewell Assembly
LAST DAY FOR STUDENTS 2017

ALTAR SERVERS

St Patrick's Cathedral Parish is currently looking for children in Year Five and above who are interested in joining the team of Altar Servers. They are an important part of the liturgical team at the Cathedral and I encourage all students who are interested to contact Mrs Standing for an expression of interest form.



sub tuum praesidium

Our **VISION** is to be a child centred faith community within an innovative, interactive learning environment.

Our **MISSION** is to –
Live out the Gospel Values in a visibly Catholic tradition

Nurture students for Christian Leadership

Create a range of learning experiences which allow children to progress at their own level

Assist our students to develop into independent thinkers with a deep sense of responsibility and justice

Lead each individual towards reaching his/her potential

Generate a sense of community and compassion in which all Experience belonging.

Opportunity for all

MASS TIMETABLE FOR ST PATRICK'S CATHEDRAL PARRAMATTA

Weekend Masses

Saturday 8.00am, 6.00pm (Vigil)
Sunday 8.00am, 9.30am (Family)
11.00am (Solemn), 6.00pm

Weekday Masses

Mon to Fri 6.45am, 12.30pm
Public Hol 8.00am

Pastoral Team

**Bishop of Parramatta Most Rev.
Vincent Long Van Nguyen OFM CONV**

Very Rev Fr Robert Bossini

Fr George Azhakath

Rev Deacon Willy Limjap

Margaret Gale (Sacramental Coord)

Milli Lee (Parish Admin Asst)

Patricia Preca (Parish Secretary)

Book Club LOOP

LOOP is the Scholastic Book Club
Linked Online Ordering & Payment platform.

It's easy to order and pay online for your child's Book Club order using your credit card. If your school is not yet in the LOOP, speak with your school's Book Club Organiser.

DON'T FORGET!



SCHOLASTIC
Book Club
orders are due:
24th November 2017

Head to scholastic.com.au/LOOP

or



Follow these **easy** steps!

1 Simply grab your child's Book Club catalogue and either **SIGN-IN** or **REGISTER** your account.

2 Add your child's first name and last initial (so the school knows who the book is for), then select your **SCHOOL** and your **CHILD'S CLASS**.
Note: You can order for multiple children at once if they attend the same school.

Looking for **MORE** product information? Additional content such as videos and downloads are available for select titles. Select your issue and enter the item number to view information on titles and some great resources, such as videos and reviews.

[HOME](#) | [ABOUT](#) | [REGISTER](#) | [HELP](#)



LOOKING FOR MORE PRODUCT INFORMATION?



Item No.

FIND

3 Click on **ORDER** and enter the item number from the Book Club catalogue.

4 All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date.

That's it! There's no need to return paper order forms or payment receipt details to your school.



As of 2018 we will no longer accept cash/cheque for Book Club in the office. All orders will need to be processed through the LOOP platform. If you require help completing this order please contact Mrs Jones.

St Patrick's Parramatta RETURN TO SCHOOL 2018 DATES

Week One 2018	Monday 29th January 2018	Tuesday 30th January 2018	Wednesday 31st January 2018	Thursday 1st February 2018	Friday 2nd February 2018
	Staff Development Day – Yrs K-6 Individual Maths Assessments	Staff Development Day – Yrs K-6 Individual Maths Assessments	All students commence the 2018 school year. Kindergarten to Year 6		
	Parents will be asked to book their children into one session with their child's class teacher on any of these 2 days.				

Oakhill
COLLEGE

Christmas@Oakhill
December 1st 5.30-7.00

Join us for a family night with your picnic basket and blanket to enjoy an evening of live music and Christmas festivities!

December 1st 5.30-7.30
All Proceeds of the event go to Ronald McDonald House

Face painting, sausage BBQ
&
of course a visit from Santa!

Free ticketed event
Get your tickets at Trybooking.com
'Christmas@Oakhill'

MERRY CHRISTMAS

Our office will close
Monday, 25th December 2017 &
will reopen Thursday, 4th January 2018

OZ FASHIONS
The uniform specialist

OZ Fashions - The Uniform Specialist
115 - 127 Parramatta Road
Granville NSW 2142
PHONE: (02) 98973121
FAX: (02) 9897 3222
WEB: www.ozfashions.com.au
EMAIL: joe@ozfashions.com.au

Entry into car park via lane ways:
* Good Street
* Gray Street
* Kemp Street

OZ Fashions - Trading Hours
Monday: 9am - 5:30pm
Tuesday: 9am - 5:30pm
Wednesday: 9am - 5:30pm
Thursday: 9am - 5:30pm
Friday: 9am - 5:30pm
Saturday: 9am - 4pm
Sunday/ Public Holidays: Closed

Our Lady of Lebanon Co Cathedral
MARRIED COUPLES DAY

Living in Love
as man and woman
with Byron & Francine Pirola

Men and women are different in so many ways! For many couples these differences can easily become a source of tension and misunderstanding.

Join Byron & Francine Pirola unpack the male female dynamic and show you how to apply the insights to reinvigorate your connection.

Date: Sunday Nov 19, 2017
Time: 9am - 5pm (refreshments from 8.30am)
Venue: St Joseph's Conference Centre
64 MacKillop Drive, Baulkham Hills
Cost: \$100 per couple

Program
8:30 Refreshments on arrival
9:00 Welcome & Warmup
9:30 Part 1
11:00 Morning Tea
11:30 Part 2
1:30 Lunch
2:30 Part 3
3:30 Adoration, Reconciliation
4:00 Mass
5:00 Close

More information:
Joanne: 0416 234 003

To register email:
olofamilycommittee@gmail.com

Nutrition Snippet

The simplest way

...to stop junk food advertisers in their tracks.

Cancer Council NSW recently launched the **Our Kids, Our Call** campaign – to increase awareness and build community support for tougher junk food advertising regulations.

Did you know kids pester their parents on average 15 times in every supermarket trip and they are successful in half of these attempts? Marketers target your child with memorable slogans, logos, jingles, characters and highly appealing packaging designed to encourage your kids to pester.

Visit ourkidsourcall.com.au and get behind this campaign – let's stop junk food advertisers targeting our kids.

For more information visit www.eatittobeatit.com.au or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.

Health
Western Sydney
Local Health District

Eat It To Beat It