



2018

Dates to Remember

Term 2

May

Week 4

Friday 25th Primary Assembly—Yr 5
2.15pm—School Hall

Week 5

Tuesday 29th Stage 3 Girls Soccer
Gala Day
Friday 1st June Year 5 excursion—
The Rocks
Infants Assembly—Year 2

June

Week 6

Friday 8th Primary Assembly—Yr 3
2.15pm—School Hall

Week 7

Monday 11th **NO SCHOOL—
PUBLIC HOLIDAY**

Thursday 14th School Photos

Friday 15th Athletics Carnival

Week 8

Tuesday 19th Stage 3 Boys Soccer
Gala Day
Friday 22nd Year 3 incursion—'What's
Hot & What's Cold?'

Week 9

Tuesday 26th Parent Teacher Interviews
Commence
Stage 2 Boys & Girls
Soccer Gala Day

St Patrick's Primary School Newsletter

24th May 2018 Term 2 Week 4

Dear Parents,

Catherine McAuley was the Foundress of the Sisters of Mercy, who were instrumental in starting our school community in Parramatta. Here at St Patrick's our three mascots Ricky Respect, Coolio Compassion and Rocky Resilience guide our community to follow in the ways of Catherine McAuley emulating the values of respect, compassion and **resilience**. These three values were identified by the staff a number of years ago as those that are of great importance for our students as they grow into young adults.

What is **resilience**?

It is 'the ability to steer through serious life challenges and find ways to bounce back and to move on'. Throughout life we are often challenged and may find ourselves in stressful situations. Often we can be overwhelmed by relationship/friendship difficulties, sudden changes in circumstances, missing out on something important, hectic schedules and situations that are out of our control. How we cope with these situations shows resilience.

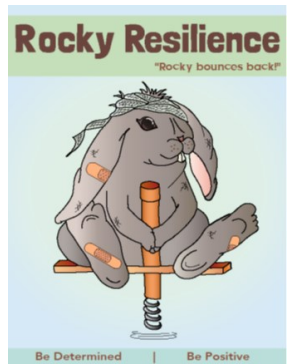
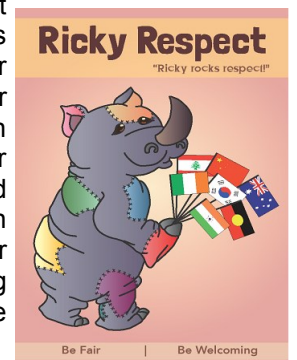
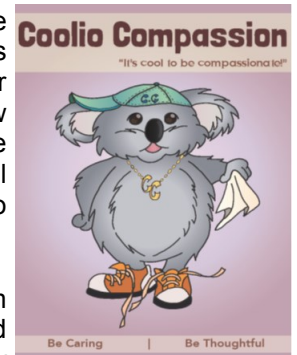
Resilience is not something we have or don't have but rather something we acquire over a lifetime. As parents our role is to help develop resilience in our children. The best way to do this is to show our how we ourselves deal with stressful situations. In life we do not always get what we want, but how we deal with the challenges and disappointments from day to day is what helps to develop resilience.

As the mother of four adult children, all of whom have grown into wonderful, resilient adults, we faced many of the challenges that parents today face. My eldest daughter missed out on being a Peer Support leader in high school. She was devastated. She is an excellent teacher today and has children of her own. My eldest son was the one who could never get a job in his teens, since then he has had his own successful business and sold it. Through all their disappointments I listened, felt their pain and supported them. I did not try to remedy the situation for them. As a parent we do not like to see our children hurting, instead we should be supporting them through these times so they can learn to be independent and develop their own resilience.

In an article I read recently it claimed that people who develop resilience are "healthier and live longer, happier in their relationships, more successful in school and work and less likely to get depressed". Let us all work together to develop resilience in our children.

GO ROCKY RESILIENCE!

God bless you and your family
Elly Benkovich
Acting Principal



St Patrick's Current Attendance Level = 92.6%

K = 89.5%	2 = 86.7%	4 = 93.2%	6 = 90.0%
1 = 94.9%	3 = 95.2%	5 = 98.3%	



Honour Award

The Honour Award is awarded to the child who demonstrates outstanding behaviour shown in the Student Charter

3L	Alex El Khoury	Zara Diuco
3T	James Kerr	Christopher Mekdessi
4B	Finn Giron	Sienna Golossian
4G	Andrew Doumit	Maddison Younes
5C	George Draybi	Crista-Nicole Gahdmar
5T	Isabella Moses	Daniel Pinto
6P	Noah Gebrael	Jessica Bechara
6W	Jade Takchi	Isabella Dang



st patrick's award

The St Patrick's award is given to the child who lives their life through Faith in Action

3L	Alexander Markovic	Ysabel Daelo
3T	Noah Romanos	Emmanuel Missak
4B	Isabella Cameron	Catherine Said
4G	Gabriel Rahme	Claire Scanlon
5C	Julian Tanna	Olivia Sicurella
5T	Annette Francis	Dante Dagostino
6P	Nicholas Rahme	Laurice Behan
6W	Chelsea Lima	Syrus Dig

After School 'Drive Through' & Crossing Alert

Dear Parents,

Thank you to all the parents who heeded the alert last week and waited until after 3pm to join the queue. Last week we were contacted by the Parramatta Council following more complaints about people blocking Trott Street and parking in Ross St before 3pm. For our 'Drive Through' to run as efficiently as possible we need your assistance.

Please:

- Have a clear label displayed in your front windscreen in **bold black text** (highlighter and biro are impossible to read)
- Have children enter the car from the footpath only
- Avoid having children put bags in the boot (***if another car accidentally accelerated your child could be crushed***). *Drive through is not like a car park!*
- Avoid making a u-turn in Ross Street at this time of day
- Use the designated crossings around the school rather than crossing in between the traffic (*this is what your children are taught in school*)
- Remain in your car as it is illegal to leave your vehicle. A car left running unattended can accidentally roll on your child or another person and holds up the drive through process .
- If your child cannot manage their bag and seatbelt independently do not use drive through.

Elly Benkovich

Tell Them From Me Survey

In the coming weeks we will be inviting students from Year 4 to Year 6, teachers and parents to provide feedback on their experience of our school using an online survey. The surveys are an important part of our whole school evaluation and planning process. This survey replaces the Quality School Survey of previous years.

We would like to invite you to complete the *Tell Them From Me (TTFM) Partners in Learning* survey. As we value the role of parents and carers within our school community we would greatly appreciate your feedback. We have around 250 families in the school and the more parents that complete the survey the more valuable our data will be. The information you provide will be used to maintain our commitment to working together in partnership to further improve student learning and wellbeing at St Patrick's Primary School.

The survey is anonymous and will take approximately 20 minutes to complete. You are able to access the parent survey on your computer or mobile device by using the URL below:

www.tellthemfromme.com/stpats1924

If you have any issues accessing the survey please do not hesitate to call the school office.

Leanda Standing
TTFM Survey Coordinator

World Youth Day 2019 - Our Very Own Pilgrim

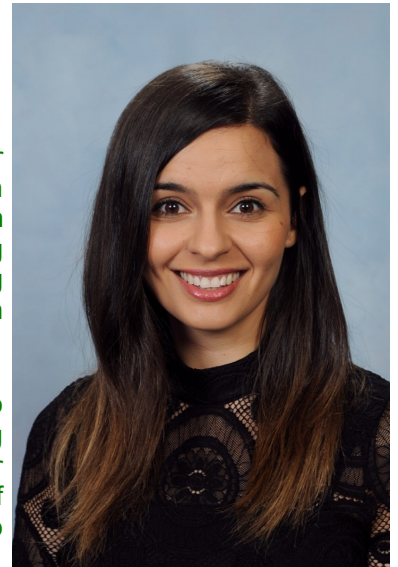
To all the families at St Patrick's,

My name is Mrs Louisa Daou (nee: Takchi) and I have been a teacher at St Patrick's for four years. I am currently teaching Year One with Miss Azar. Next year, I have been given the opportunity to represent St Patrick's Parramatta at World Youth Day (WYD) in Panama, Central America. I am very honoured and humbled to represent such a loving community. I feel this opportunity will be a life changing experience for me that I can bring back to our school community. I look forward to sharing my experience and journey with you all.

As part of the WYD 2019 initiative the Diocese holds a number of Fundraising events to support the pilgrims. The main one being the Diocesan Raffle. Next week we are sending home one book of raffle tickets per family. I understand that this is a 'big' ask but if you or your family could purchase a couple of tickets or invite your extended family or place of work to help, it would really be appreciated. All tickets sold or unsold need to be returned to the school by 21st September 2018.

I would like to take this opportunity to express how grateful I am for the support of the St Patrick's community in this Diocesan Fundraiser for World Youth Day in 2019.

Mrs Louisa Daou
Year 1 Teacher



Family Day

Bishop Vincent recently announced the inaugural 'Family Day' for the Diocese of Parramatta. The reason for this day was to acknowledge the importance of family and raise funds for CatholicCare. CatholicCare is the organisation in our diocese which offers many services in support of families.

Today, we hosted a 'Family Fun Afternoon' where all families were invited to enjoy a picnic lunch followed by an afternoon of favourite family board games. Students and staff wore mufti clothes and raised \$622.05 for CatholicCare.

The afternoon was enjoyable and a great success! A big thank you to all families for their participation and enthusiasm throughout the afternoon. It was great to see all the families coming together and being involved.



As part of St Patrick's subscription to parenting ideas website we have been gifted the opportunity to attend a webinar ' Understanding Anxiety' at **no cost**. Please use the following link and the voucher listed below for access to the free webinar.

<https://www.parentingideas.com.au/product/understanding-anxiety-webinar?>

Understanding Anxiety: How it impacts kids and the important role of parents

Tuesday 5 June 2018 7:30pm – 8:30pm AEST

In this webinar, Dr Jodi Richardson helps parents to recognise and understand anxiety, how it affects learning and happiness and practical steps to lessen the impact of anxiety on the child's and the family's quality of life.

Listeners will also learn:

- The origins of anxiety
- signs and symptoms of anxiety
- practical strategies to help anxious kids
- the importance of validation when and where to seek help

Speakers

This webinar will be hosted by Michael Grose with guest presenter Dr Jodi Richardson.

Dr Jodi Richardson

Parenting Ideas expert
Wellbeing and mental health

Jodi is a mental health, wellbeing and happiness science speaker and educator. She is a mother of two primary-school-aged children and is the founder and director of Happier on Purpose, the mental health and wellbeing expert for Parenting Ideas and writer for both print and online publications.

Jodi has developed her expertise over two decades of professional work in teaching, wellbeing, clinical practice and elite sport, including working for beyondblue on the national schools-based initiative for the prevention of depression.

Integral to Jodi's work is helping parents and teachers to nurture resilient, relaxed, playful kids who develop lifelong habits of happiness and flourishing mental health.

Michael Grose

Author, Speaker, Founder Parenting Ideas

Michael has an education background and holds a Master of Educational Studies, with research into what makes healthy families tick. He has conducted over 1500 parenting seminars over the last two decades and is the author of ten parenting books, including *Spoonfed Generation, Thriving!* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*. His popular parenting columns appear in newspapers and magazines across Australia.

Michael appears regularly on television, including Channel Ten's The Project, and is a popular and entertaining speaker. He is married and has three adult children who have all successfully flown the parent nest.

Your Parenting Ideas
Webinar Voucher

Webinar: Understanding
Anxiety

Guest Speaker: Dr Jodi Richardson

05 June 2018 - 07:30pm



parenting * ideas

All School Uniform items available from

Oz Fashions
115-127 Parramatta Road
Granville NSW 2142
Phone 9897 3121
www.ozfashions.com.au

Girls' Summer Uniform

Tartan School Dress
Short White above ankle Socks
Black Shoes
Green Hair Ribbon
Green School Hat

Girls' Winter Uniform

Tartan Pinafore
White Long Sleeve Blouse (Peter Pan collar)
Tartan School Tie
Green above ankle Socks or Tights
Black Shoes
Green School Jumper
Green Jacket with Emblem
Green School Hat

Girls' Sports Uniform

Green Shorts
Sport Shirt with School Emblem
White above ankle Socks
White Sports Shoes
Track Suit with School Emblem

School Back Pack

Boys' Summer Uniform

Grey Shorts
Grey Short Sleeve Shirt
Grey above ankle Socks

Black Shoes
Green School Hat

Boy's Winter Uniform

Grey Long Trousers
Grey Long Sleeve Shirt
Green Tie
Grey above ankle Socks
Black Shoes
Grey School Jumper
Green Jacket with Emblem
Green School Hat

Boys' Sports Uniform

Green Sports Shorts
Sports Shirt with School Emblem
White above ankle Socks
White Sports Shoes
Track Suit with School Emblem
School Back Pack

Winter Uniform

All students should now be wearing their winter uniform. If you have any issues with the uniforms please contact Oz Fashions directly. Winter uniform details listed to the left.



Happy Birthday to the following children who will celebrate their birthday in the coming week:

Julia Vytingco, Alex Layoun, Sara Jabbour

Writers Corner



WOULD
YOU
RATHER?

'Would you rather' questions are often funny or silly and explore two options where the writer has to decide what they would rather do and explain why. You can present your writing in any form; a short response, an essay, a poem or any other type of text you can imagine.

This week's topic is: "Would you rather drive a racecar or fly an aeroplane?"

Don't forget to explain your choice!

Remember that these will be displayed, so ensure they are typed or written clearly!

All submissions are due on Wednesday, June 6th.

Happy Writing!

SPOTLIGHT ON



Today we are shining a spotlight on the PD/H/PE leaders: Isla Giron and Luke Takchi. This term the leaders will introduce to you some interesting question answer sessions with our school leadership team. We hope you enjoy their insights and thoughts.

Isla :

Who is your biggest inspiration?

My biggest inspiration is Sam Kerr because she is a very great soccer player and she had proved to people that girls can play soccer and have equal talent to boys. Also I would love to become a great soccer player like her.

If you had \$1,000,000 to spend in a day, what would you spend it on?

I would pay off my parents mortgage because they provide everything for me and I would also like to buy two dogs and spoil them with treats.

What is your biggest fear?

My biggest fear is dying without a legacy because I want people to remember who I am.

If you were to have a superhero what power would you have?

A)Invisible

B)Read Minds

C)Freeze Time

C- freeze time so I can make the world a better place for example I can freeze war and make peace between people.

Whose life would you live in for a day?

1. Ariana Grande

2. Coco Chanel (before she died)

3. Luke Takchi

A)-Ariana Grande because she is good singer and had experienced a lot through her life such as the 'One Love Manchester concert'.

Luke:

If you had to lose one thing that you care about, what would it be?

It would be my Ipad because although I don't care about it as much as other things I still care about it.

If you were stranded on an island with only five things, what would they be?

Torch, sleeping bag, survival book, clothes, snacks.

If you were stuck with your opponent in life, would you...

A: Try to befriend your foe

B: Talk about something together

C: Have a fight with them

I would choose A

If you were to be stuck at any age in your life which one would it be and why?

23, because I can get a job can do stuff on my own.

If you were to have one superpower what would it be and why?

I would want to have the power of super speed because I can explore the world really fast and could run on water.

Throughout the year parents are asked to volunteer for excursions, special events, reading and many other school activities. To enable you to participate as a volunteer you are required to complete the online training following the link Once the paperwork has been received by St Patrick's we add you to a database that is accessed by the teachers/admin staff to request helpers.

Building Child Safe Communities – New procedures reminder for volunteers

Volunteers make a significant contribution to students and our community. As part of our new 'Building Child Safe Communities' initiatives, we request the following from volunteers:

Step 1: Complete the 'Building Child Safe Communities - Undertaking for Volunteers' Form for each volunteer location

[VOLUNTEER FORM](#)

Step 2: Complete the online training module – required every second year.

[TRAINING MODULE](#)

These can be accessed by visiting the Catholic Education Diocese of Parramatta homepage <http://www.parra.catholic.edu.au> then scrolling down to 'Volunteers and Contractors – click here'.

Please contact your school if you require any assistance. We thank all volunteers for their continued support.

SEMINAR - DEALING WITH THE LEGAL SYSTEM

Each year Solo Parent Services offer a Seminar for anyone interested in gaining a greater understanding on how the Legal system works. Questions addressed on the night include: How to choose the best lawyer for your situation, how best to deal with Lawyers so as to minimize your legal fees, how to protect your rights regarding family assets and Estates/Wills. **This seminar will be held on Tuesday 05th June. Venue:** 13 Buller St, North Parramatta **Presenter:** Mr Richard Brading, (Solicitor) **Time:** 6.45pm for a 7pm Start to 9pm. **Registration Essential:** Contact Rita Ph. 8843 2575 or email: soloparentservices@ccss.org.au

STEPPING BEYOND SUPPORT GROUP – This group is open to men and women who would like support as they navigate their way through the breakdown of their marriage. **Next gathering:** Tuesday 29th May **Venue:** 13 Buller St, North Parramatta **Time:** 7pm -9pm – Registration essential: Contact Rita Ph: 8843 2575 or email: soloparentservices@ccss.org.au

Catherine McAuley Westmead

School Open Morning

9.15 – 11am

Tuesday 29th May 2018

Enrolments for Year 7 2020



Catherine McAuley is now accepting enrolments for Year 7 2020.

Each year the demand for places at Catherine McAuley exceeds what is available. Join us on our upcoming school tour especially for Year 7 2020 applicants but open to any year group. School tours later in the year get very crowded so beat the rush!

Our Open Morning is a great opportunity to tour around our school grounds, view our fantastic facilities and meet our students and teachers. You will have the opportunity to go into classrooms and see them in action. Both children and adults are most welcome.

Please contact School Reception on 9849 9100 if you would like to attend. Our school tours will leave at 9.15am and car parking will be available in the visitor's car parking area via Gate 3 from 9am onwards. Ask for details when making your booking.



sub tuum praesidium

Our **VISION** is to be a child centred faith community within an innovative, interactive learning environment.

Our **MISSION** is to –

Live out the Gospel Values in a visibly Catholic tradition

Nurture students for Christian Leadership

Create a range of learning experiences which allow children to progress at their own level

Assist our students to develop into independent thinkers with a deep sense of responsibility and justice

Lead each individual towards reaching his/her potential

Generate a sense of community and compassion in which all Experience belonging.

Opportunity for all

MASS TIMETABLE FOR ST PATRICK'S CATHEDRAL PARRAMATTA

Weekend Masses

Saturday	8.00am, 6.00pm (Vigil)
Sunday	8.00am, 9.30am (Family) 11.00am (Solemn), 6.00pm

Weekday Masses

Mon to Fri	6.45am, 12.30pm
Public Hol	8.00am

Pastoral Team

Bishop of Parramatta Most Rev.

Vincent Long Van Nguyen OFM CONV

Very Rev Fr Robert Bossini

Fr George Azhakath

Rev Deacon Willy Limjap

Margaret Gale (Sacramental Coord)

Milli Lee (Parish Admin Asst)

Patricia Preca (Parish Secretary)

The School Dentist

Brought to you by Future Care Mobile Dental Services

The School Dentist will be visiting
St Patricks Primary School during
the week commencing
6th-10th August 2018

Our innovative mobile dental service was created to meet the needs of the fast paced/time poor lifestyles of many parents. We are changing the game by bringing our dental team and equipment to **St Patricks Primary School** to provide our onsite dental services to students.



Service snapshot:



Children from families eligible for Family Tax Benefit A may be eligible for up to \$1000 of free dental over a 2-calendar year period.

Not eligible for Family Tax Benefit A? Your child can be seen in the clinic for an examination/clean/scale/fluoride at the heavily discounted price of \$99

