## St Patrick's Primary School Newsletter

#### 22nd November 2018 Term 4 Week 6

Dear Parents.

This week is the third instalment of the Starting School Series; 'Getting Help When Starting School'. As you may recall from last week's newsletter one of the most common responses from new parents is that they are feeling nervous regarding their child starting school. This is such a natural response especially as parents may be leaving their little child in a strange environment for the first time. I can imagine some of their concerns are around the adults at school identifying their child's needs and they may question their child's ability to articulate them. Situations such as; being able to make friends, knowing where the toilets are and using them successfully, opening up their lunch boxes or using their drink bottle, taking out notes for the teacher, following new routines and generally being able to know what to do, may be upmost on their Week 6 minds.

The best advice I can share and one which is reinforced in this week's article is that the school employs many experienced and well trained staff who are used to managing children. They understand that learning cannot take place if children do not feel safe and confident and having their basic needs met is extremely important. It is also good to remember that staff do not work in isolation and it is usual for there to be more than one teacher or a teacher assistant in the learning space. The children are observed continually and it is not long before the staff begin to understand the children's personalities and expressions and habits; and I haven't started speaking about learning

Our experienced parents know that there is no question to small to ask; the school is here to support parents as well. If you or your child have any concerns here are some

- The school is here to support and work with you for the education and well being of your child
- Listen to your child and stay calm; I find there is always a solution or a answer Week 8 to most questions
- Feel welcome to make an appointment with your child's classroom teacher to discuss your concerns. An appointment provides both the time and environment conducive to discussion. Teachers are not permitted to discuss lengthy matters when they are meant to supervise children. This is a duty of care matter.
- Remember that your child is relaying what they perceive and that sometimes there are other pieces of information involved.
- If teachers are concerned about any element of your child's progress they will contact you.
- I encourage you to respect your child's progress, they might just need a little extra time.
- Some children take longer to make friends; encourage this process by having 'play dates' with other children in their class.
- Assist children to be as independent as they can. Age appropriate responsibilities leads to successes. This helps to increase confidence and the very important risk taking in their learning.
  - The school has access to a number of support services including a school counsellor who is more than happy to assist.
- If at any time a parent feels dissatisfied with the outcome of a concern the school has a Complaints and Grievances Policy which is available through the school's website.

This week's article from Kidsmatter deals with the following topics:

- 1. What can you do
- What types of assistance may be available
- Why is seeking help important.

their little ones.

#### **Dates to Remember**

Term 4

#### November

Thursday 22nd Year 6 Camp

Friday 23rd Year 6 Camp

> Infants Assembly Year 1 2.15pm-School Hall

Week 7

Tuesday 27th **Footsteps Dance** 

Friday 30th **Swimming Carnival** 

Year 2-6

Tuesday 4th Dec **Footsteps Dance** 

Week 9

Tuesday 11th Dec **Footsteps Dance** 

Friday 14th Dec Year 6 Graduation and

**Thanksgiving Mass** 

Whole School

Assembly - 2.00pm

School Hall

Week 10

Wednesday 19th Whole School Farewell

Assembly

Please continue to keep these children and their family in your prayers as they commence this very important educational journey with

God bless you and your family Bernadette Fabri Principal





The Honour Award is awarded to the child who demonstrates outstanding behaviour shown in the Student Charter



KA	Olivia Zhang	Daniel Jurisic		
KM	Georgia- Rose Rizk	Michael Sunwar		
<b>1C</b>	Rose Risk	Benjamin Aitkin		
15	Callum Donaldson	Zachary Aguilera		
2M	Phillip Ayoub	Zavier Moujalli		
2Y	Sebastian El Hani	Cynthia Daher		

## st patríck's awaro



The St Patrick's award is given to the child who lives their life through Faith in Action

КА	Charbela Chedid	Patrick Saab		
KM	Jacinta Malkoun	Zachariah McPherson		
<b>1C</b>	Sonia Sitoa	Nicholas Reyes- Mangabat		
<b>1S</b>	Hannah Scanlon	Sara Lorenzo		
2M	Aidan Connolly	Marcelino El Halabi		
2Y	Paul Khouri	Isaac Loulach		

**Dear Parents and Carers** 

**St Patrick's Primary School Parramatta** recognises that email is a fast and convenient way to communicate with your child's teacher.

As you could appreciate, teachers read their emails at various times throughout the school day. Further, that other than in the case of a genuine emergency, they are generally not expected to respond to emails from parents and students outside of normal working hours. Please keep in mind that if you send an email to a member of our staff outside of normal working hours, a reply may not be received until the following working day.

We appreciate your assistance and understanding.

If you have any questions about this matter, please feel free to contact Bernadette Fabri on 8832 4600

Kind regards Bernadette Fabri



Happy Birthday to the following children who will celebrate their birthday in the coming week: Camran Nasrulla, Abbey Matta, Zavier Moujalli, Gabriella Vella, Ethan Bechara, Ethan Xue, Savannah Chiha, Kennen Rosauro, Ray Chen

### Year 6 Leaders at Parramatta Park







## Family Fun Night 2018

#### **CONGRATULATIONS DISCO ORGANISERS!**

Anyone who attended last Friday's disco would agree that once again it was a huge success. The children just loved sharing the evening with their friends and

while not all children danced they all found a way to relax and interact with each other. The organising parents worked all evening, serving food and drinks and on behalf of all who attended I would like to sincerely thank them for their dedication and time. Thank you also to Tiana from Footsteps who kept the music going all night. I would also like to thank the children for respecting our school rules on the evening; which made for a very enjoyable and safe evening for everyone. We were blessed with lovely weather, and conversation amongst the adults was so joyful to see - community in action! Thank you to the many helpers both in preparing and on the night.



## Jelly Bean Guessing Competition

Congratulations to Jimmy Sahyoun and Gabriella Sabat on winning the lolly guessing competition. I would like to thank all the students who participated in the competition, with your help we raised \$185.50 for my World Youth Day Pilgrimage.

Your continued support is greatly appreciated.

Many thanks Mrs Daou



	St Patrick's Parramatta RETURN TO SCHOOL 2019 DATES							
Week One 2019	Monday 28th January 2019	Tuesday 29th January 2019	Wednesday 30th January 2019	Thursday 31st January 2019	Friday 1st February 2019			
	Public Holiday	Staff Development Day – Yrs K-6 Individual Maths Assessments	Staff Development Day –  Yrs K-6 Individual Maths Assessments	Years 1 to Year 6  Commence school	Kindergarten commence school (full day)			
		Year 1 to 6—Parents will be asked to book their children into one session with their child's class teacher on any of these 2 days.  Kindergarten Parents will be asked to book						
		into one session with their child's class teacher on any of these 3 days.						

## YEAR 5 AND 2 CELEBRATION OF LEARNING

Over the past six weeks, years 5 and 2 have been connecting to music creatively by making a dance routine in which we thought represented the song each of our groups had chosen. We worked efficiently as a group and listened and respected our teammates ideas. We loved dancing with younger/older students and have learnt many things from one another.

On Monday, we presented our dances to our parents. We had so much fun dancing with each other! Finally, as two grades we presented our main dance routine 'Uptown Funk' where we struck a few groovy moves now and then. Overall, year 5 and year 2 had a great experience working together creatively and enjoyed connecting to music. It was certainly an experience we will never forget!

Crista-Nicole Gahdmar 5C







#### Its a Boy!!

Congratulations to the Blazek Family (Jayden KA) on the birth of their baby boy, Benjamin.

Congratulations to the Chivers Family (Isabella 4B & Christian KM) on the birth of their baby boy, Luke.

Its a Girl!!

Congratulations to the Jocson Family (Liam 4G) on the birth of their baby girl, Maya

## 2018 Swimming Carnival

Dear Parents.

Our swimming carnival is on Friday 30 November, which is next week. We are trialling the idea of including all of Year 2 at the carnival this year. Normally only the 8 year old students would attend as the 7 year olds do not qualify for Zone Carnivals until they are 8.

It is important, therefore, that you are aware that, while we encourage our students to always do their best and enjoy these events, a 7 year old student cannot represent our school at the Zone Carnival. We thank you for your support in this trial and would welcome any comments that would help us in deciding whether this practice continues into the future.

Yours sincerely Mark Baird

St Patrick's Current Attendance Level = 89.6%						
K = 89.5%	2 = 91.1%	4 = 86.7%	6 = 83.3%			
1 = 93.4%	3 = 88.7%	5 = 94.8%				



## Sun Safe: Hats Hats Hats

Just a reminder that all students should have a school hat at school every day. As the weather starts to warm up it is important for all students to wear their school hat when on the playground. Any student without a hat will be required to sit in the shade during times they are on the playground. The school hat is a compulsory component of the school uniform. Thank you for your support in this matter.

#### Not Returning to St Patrick's in 2019

Thank you to the parents who have informed the office that their child will not be returning to St Patrick's in 2019. If your child is not returning to St Patrick's in 2019 please send a letter to Ms Fabri stating the last day of attendance at St Patrick's and which school they will be moving onto in 2019. This does not apply to year 6 students.

#### Parish Youth Group Junior Credo: EDGE

- for children in Yrs 4-6 Fortnightly on Fridays -5pm-6pm (school terms only) at St Patrick's Cathedral Cloister Hall. **Email Mindy for more info:** credo@stpatscathedral.com.au Junior Credo Edge is a Parish based Ministry run by St Patrick's Cathedral. Parramatta



Our **VISION** is to be a child centred faith community within an innovative, interactive learning environment.

#### Our MISSION is to -

Live out the Gospel Values in a visibly Catholic tradition

Nurture students for Christian Leadership

Create a range of learning experiences which allow children to progress at their own level

Assist our students to develop into independent thinkers with a deep sense of responsibility and justice

Lead each individual towards reaching his/her potential

Generate a sense of community and compassion in which all Experience belonging.

Opportunity for all

#### MASS TIMETABLE FOR ST PATRICK'S CATHEDRAL **PARRAMATTA**

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#### **Weekend Masses**

Saturday 8.00am, 6.00pm (Vigil) Sunday 8.00am, 9.30am (Family)

11.00am (Solemn), 6.00pm

#### **Weekday Masses**

Mon to Fri 6.30am, 12.30pm

Public Hol 8.00am

#### **Pastoral Team**

#### Bishop of Parramatta Most Rev. Vincent Long Van Nguyen OFM CONV

Very Rev Fr Robert Bossini Fr Michael Gitau Rev Deacon Willy Limjap Margaret Gale (Sacramental Coord) Milli Lee (Parish Admin Asst) Patricia Preca (Parish Secretary) Donna Missio (Receptionist)

#### Spotlight on... Year 3 and 4 SRC's



#### Sienna Golossian

What one country would you like to travel to most and why? America because there are a lot of different things to do there.



#### Your least favourite dish?

My least favourite dish is bananas because they are too soft

#### Who is your biggest inspiration?

My biggest inspiration is my mum because she teaches me how to do many things.



#### Raymond Joe Khoury

What is your favourite yearly celebration?
My favourite yearly celebration is Christmas.

Which celebrity would you most like to meet? Ronaldo

If you had one wish, what would it be?

I would wish for no one in my family to get sick.

#### Amariah Tamaro

#### If you were a animal would it be?

I would be a flamingo because I find them fancy and I think of myself as fancy.

#### What's your favourite place in the world?

My favourite place in the whole world is probably Paris and even though I have never been it is a beautiful place with lots of things to see.



- My mum
- My dad
- Katy Perry



I would invite these 3 people because they are my inspirations in life and I always look up to them no matter what.

#### Meagan Erive

#### What is your favourite movie/tv show ever? Why?

My favourite movie is Mulan because she is a different a different disney princess than all the others.

#### How do you want to help the world become a better place?

I would help stop all the pollution in the world and make a clean earth again like it used to be.

What is your favourite food?

My favourite foods are chocolate and ice cream because sometimes they make me feel better when I am sad, and also I really like it.

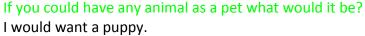
#### Remon Wehbe

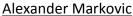
How do you want to make the world a better place?

I would make the world a better place by caring for the environment and not littering.

If you had \$1,000,000, what would you spend it on?

I would spend it on a house and a car.





What is your favourite sport?
Soccer because it's my dream and I enjoy it.

If you were a character in a book, what book would it be? I would want to be a soccer player in a soccer book.

If you could have a feast, what foods would you eat? Meat, rice, salads, sushi, soccer-cake, water.



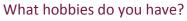
#### <u>Isabella Bousimon</u>

What do you want to be when you grow up?

I would want to be an artist because I love doing art.

#### Who is your biggest inspiration?

My biggest inspiration are my parents because they are older than me and show me many skills.



I like to do sport, art and science because they are all fun and help me improve.



What is your favourite subject?

My favourite subject is science because I get to do cool experiments that I can learn from.

#### Who is your most favourite celebrity in the world?

My favourite celebrity is Jeff Kinney who writes 'Diary of a Wimpy Kid' because he is a great author.



My favourite ice cream flavour is vanilla because it is really delicious and it is always good no matter where you go.









## **Problem solving**

Your child will face many challenges as they grow, whether it is starting school, joining a sporting team or going to their first sleepover. The ability to make decisions and solve problems develops as your child learns to cope with daily challenges. Young children are not expected to sort through every issue on their own, and it is likely that they will require lots of guidance from their family. The good news is encouraging your child to take part in problem solving will help them develop this skill over time.

The following steps are a useful guide to teaching your child about problem solving. Encourage your child to take part so that they can slowly learn to do it for themselves.

Remember, it is best to begin when your child is feeling calm and relaxed. Start with an issue where you know they are likely to experience some success. If your child is very anxious or angry, help them to calm down first (eg having some quiet time, taking some deep breaths) or leave problem solving for another day or another issue when you know your child is ready to participate.



## 1 Identify the problem

This step can be difficult as children do not always have the words to tell you how they feel or know exactly what the problem is. Finding a quiet space where your child feels comfortable and relaxed may help them to start talking about it. Using your active listening skills will also help your child to feel understood and supported in talking to you. (For more information, see the Starting School *Understanding behaviour* information sheet.) Your child will benefit from your help in trying to understand what might be happening, particularly when they are having difficulty identifying the problem. Remember to step back and not jump in to solving the problems for your child at this stage.

## 2 Find solutions and try them out

Once you have a better sense of what the problem is, you may like to generate some solutions with your child. Brainstorming two or three solutions is a good place to start as any more may seem overwhelming for a young child. They may not yet be able to generate their own solutions, but you can encourage their thinking with questions such as "what do you think you/ we could do?" With practice and support from others, your child will gradually be able to come up with more of their own solutions. However, you may need to make some suggestions in the beginning.

Once you and your child have identified some options, you can decide together which one to try first. Work out a plan for how they will try out their solution. Do they need support from you, another child or a teacher? When will they get a chance to try it out? (eg at home or in the school playground.)

## 3 Check in: how did it go?

Once your child has tried the solution, check in with your child as soon as possible. Did it work? If not, why not? What could your child try next? Remember to give your child lots of support and encouragement if the solution didn't work out. Sometimes we have the right solution, but need to practise it many times. Other times, we may need to return to step one to see if the issue was correctly identified.

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# You can help to support your child's problem solving skills

- Model your own problem solving. Next time a daily problem arises (eg losing your car keys) talk through the problem and solution out loud. This will help to show your child that everyone has problems and that we can work through them by coming up with different solutions.
- Encourage your child to utilise support people to assist them with problem solving. These could be family members, friends, educators and teachers. This will promote help-seeking behaviours in your child and enable them to feel supported when they have a problem.

Learning to negotiate solutions to everyday problems and make decisions for themselves will help your child to gradually become more independent and responsible. It also helps them feel confident and good about themselves, which is an important part of mental health and wellbeing. When their mental health is supported, children are better learners, have stronger relationships and are better able to meet life's challenges.

#### For more information

If you would like more information, KidsMatter has produced a range of resources to support your child through early childhood and primary school. The following information sheets related to this topic are available online at

www.kidsmatter.edu.au/families/information-sheets

KidsMatter Early Childhood information sheets:

- Helping young kids to choose wisely
- Learning to make good decisions and solve problems
- Decision-making skills: Suggestions for families and staff

KidsMatter Primary information sheets:

- · Helping kids to choose wisely
- Decision-making skills: Suggestions for families



This resource is part of a range of KidsMatter Starting School information sheets for families. View them all online at www.kidsmatter.edu.au/startingschool









