



Newsletter

27th June, 2019 Term 2 Week 9

2019 Dates to

Remember

Term 2

Week 10

Parent Teacher
Interviews continue

Thursday 4th July

Year 2 Celebration of
Learning—2.15 pm

Friday 5th July

Year 6 Celebration of
Learning—9.30 am

LAST DAY OF TERM 2

Term 3

Week 1

Monday 22nd July

Children return to school
for Term 3

Tuesday 23rd July

Life Education Begins

Week 2

Tuesday 30th July

Stage 2 Boys Soccer Gala
Day

Thursday 1st August

Grandparents Mass &
Morning Tea

Friday 2nd August

Whole School Assembly
2.15pm

Dear Parents

Last Sunday, children from our school received the Sacrament of Eucharist for the first time - their First Holy Communion, at St Patrick's Cathedral, Parramatta. This is the third group of children from our school to receive this very important sacrament, this year; the first group being those that attend Our Lady of Lebanon Co-Cathedral Harris Park. It is always wonderful to see all the children and their families, including their extended family, making this a priority on Sunday. For all children this will be a day they will never forget.

In his homily, Father Bob Bossini, Dean and Parish Priest of the Cathedral reminded the congregation of how very special receiving the Eucharist is and how like all good things we can sometimes take the Eucharist for granted. He connected the feast of Corpus Christi - a very important feast or Solemnity, to other feasts such as Trinity Sunday and Pentecost, where Christ is made present to his disciples. Just like these early followers we too are called to be nourished by Christ and in doing so be 'Christ - like' people; people of service to others, showing them strength, healing and love.

Father made special acknowledgement of the children and their families on this special day of their First Holy Communion and our prayer for them is that what they felt last Sunday; the joy and wonder of receiving the Body and Blood of Christ, can be remembered every time they receive Eucharist. We pray that the nourishment of our Lord will give them the love and wisdom to be kind, forgiving and compassionate children and that Communion will be a regular part of their lives. Thank you Father Bob for your spiritual leadership.

May I take this opportunity to thank Ms Meg Gale, the sacramental coordinator and her team at the Cathedral for ensuring that all the children were well prepared and to Mrs Standring, our Religious Education Coordinator for the many meetings she attended in support of the Parish Sacramental Committee. Thank you to Mrs Venitia Rodricks for the preparation of the choir and to the teachers who attended. I would also like to particularly thank the many parents who brought their children along to sing in the choir. This year the choir was very well attended and Father noted that like a good red wine they are sounding better and better over the years. I really appreciate the trouble parents took to bring their children along when everyone is so very busy. I felt so proud of our community; coming together in support of the parish and school. Thank you!

Can I ask you all to keep in your prayers all the children who made their First Holy Communion this year and to pray that their families will continue to gift them with a faith that is true and active. May God continue to bless you for the work in parenting your children and grant you wisdom, patience and hope in this very important role.

NOTIFICATION RE LEAVE

I would like to conclude by informing you that I will be taking a short period of leave from Monday 1st July to Friday 2nd August. This includes the 2 weeks of the school holidays. In my absence Mrs Benkovich will be Acting Principal. I know that you will continue to support her as she takes on higher duties.

God bless you and your family

Bernadette Fabri

Principal

Sacramental News

Last weekend many students from our school received their first Holy Communion at St Patrick's Cathedral. It is such an important time in the sacramental journey of these students and we congratulate them and their parents. Congratulations to the following students: Gabriella Volante, Lara Samar, Liam Stojkovski, Christian Jreij, Clare Camenzuli, Julia Vytingco, Donnacha Ryan, Steven Abraham, Christian Donaldson, Shavene Perera, Troy Daniel, Germain Toledo, April Soh, Joshua Manago, Angelica Beame, Tiffany McCloskey, Dylan Amaral, Aurora Broadbridge, Adam Jurisic, James Kerr, Aiden Ebrahim, Madeleine Talbot, James Agostino.

Next term the Sacraments of Initiation program continues with the preparation of our students for the Sacrament of Confirmation. The dates for session times are below. If you are interested in your child preparing for this Sacrament and have yet to register your interest, please contact Margaret Gale through the St Patrick's Parish Office. The Parish Office is open from 9.00am to 4.30 daily.

Confirmation 2019

Confirmation 1	7:30pm Tuesday 23 July	Parents only
Confirmation 2	7:30pm Tuesday 30 July	Parents only
Confirmation 3	4:30pm Saturday 10 August	Parents & children
Confirmation 4	4:30pm Saturday 17 August	Parent & children
Practice for Confirmation	4:00pm Saturday 24 August followed by 6:00pm Mass	Parents & children
Order of Confirmation	7:00pm Friday 30 August	

St Patrick's Current Attendance Level = 89.0%			
K = 87.1%	2 = 91.7%	4 = 91.9%	6 = 93.3%
1 = 77.2%	3 = 88.7%	5 = 92.9%	

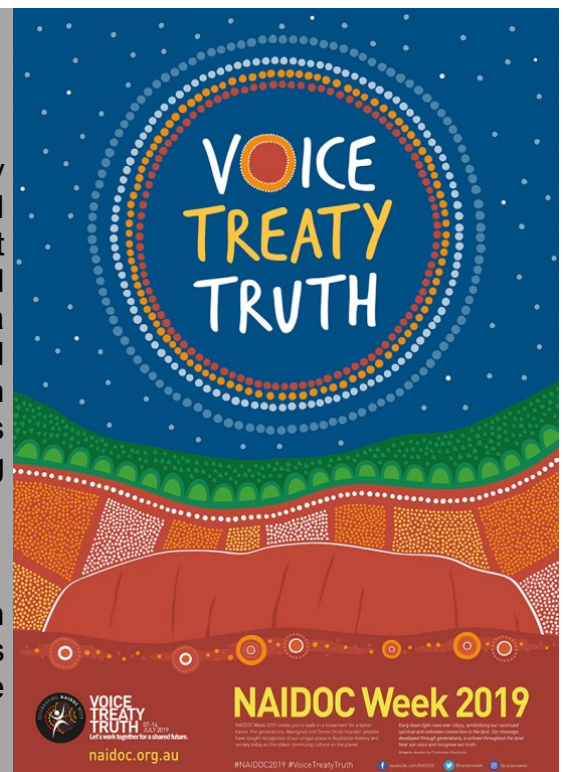
NAIDOC Week 7th-14th of July 2019

NAIDOC week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in indigenous communities, but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities and to support your local Aboriginal and Torres Strait Islander communities. As NAIDOC week falls in the first week of the School Holidays, the St Patrick's community will be launching NAIDOC Week at the morning assembly on:

Monday 1st July

We will have a flag raising ceremony of the Aboriginal Flag on our school flag pole as well as commissioning the school's new "Welcome to Country" plaque which will be hung in the school office.

All are welcome to attend.



FOR YOUR DIARY: STAFF DEVELOPMENT DAY -
6th September.

The next Staff Development Day will take place on **Friday 6th September**. The staff will be working with Mr Scott Carrol (Teacher Educator in Religious Education) and exploring the new Religious Education Framework by preparing learning cycles for the students in their class. It is a great opportunity for the staff to build on the work we have been participating in throughout this year as part of the curriculum development team.

Many parents are interested in how they can help their young children gain skills in Numeracy.

Welcome to the numeracy@HOME resources website for families.

<https://www.numeracyathome.com/>

Parents might like to watch each of the videos called '11 ways to Maths'

Here you will find activities, tips, and information to support your children's maths learning during everyday activities.

The numeracy@HOME resources acknowledge that families are children's first maths educators.

The numeracy@HOME resources focus on **11 ways to maths** learning during everyday activities, such as when families are preparing meals, playing games, or walking down the street.

Celebration of Learning

Year 2— Thursday 4th July—2.15pm

Welcome to the Year Two Celebration of Learning. Year Two will be presenting their persuasive and informative advertisements on water preservation. Students would love any available parents and carers to visit the Year 2 exhibitions and see what we have been working on over the past several weeks.

Year 6 — Friday 5th July—9.30am

During History Year 6 have been engaging in activities and research around our driving question: 'How can we inform the school community about the journey of minority groups from Federation to today?'. As part of their learning the students have been researching events in Australia's history and using them to inspire their Historical narratives. All Year 6 parents are invited to a special book signing on Friday 5 July at 9.30am, where the students will be sharing their new understanding of this time in history and signing their published book. We look forward to sharing this time with you.



Happy Birthday to the following children who will celebrate their birthday in the coming week: Nathan Nguyen, Sebastian Mayonado, Sharbel Georges, Dylan Amaral, Ryan Day, Jude Hudson, Anthony Ghostine Maaraoui

Walkathon Update

Our walkathon is one of the main fundraisers for our school community. This year we have decided to postpone this event, which was to have been held on 2nd July, until early Term 4. With the wonderful effort in supporting our Athletics Day BBQ and so many students and staff being sick and unwell, we feel that moving this event is in the best interest of all involved. The Walkathon will now be held on:

Friday 18 October.

More details will become available closer to the date.

Mrs Benkovich

Condolences



We wish to extend our deepest sympathy to the Grohs (Alani 6P, Bailey 2Y & Ashton 1S) family on the passing of their Great Grandmother. Please keep the family in your prayers.



Next Level Sports Winter Clinic Dates Confirmed:

- Week 1: Wednesday 10th to Friday 12th July.
- Week 2: Wednesday 17th to Friday 19th July.

Location: ST PATRICK'S PS, PARRAMATTA.

To book or for further enquires:

E: nextlevelsports@live.com.au

Or find us on Facebook.

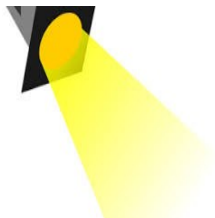
**Thanks
everyone!
Now we need
your stickers**



Woolworths Earn & Learn is officially over and I'd like to thank everyone who has helped us out by shopping at Woolworths and collecting those stickers. Now comes the fun part, the counting!

Obviously we want to count as many as we can, which is why we need your help to bring in all the stickers you may have collected and put them in our collection box. And keep an eye out for any rogue stickers too. You may find them down the side of the car seat. Or hidden in the back of drawers. Every sticker counts. And the higher we can count, the more equipment we can get!

Thanks again for helping us out.



Spotlight Year 3 Teachers and Office Team

Today we are focusing on our St Patrick's Ms Alphonse, Mrs Jones, Mrs Mitterer and Mrs Baaini.

Mrs Mitterer

Who is your biggest inspiration?

Mrs Fabri is my biggest inspiration as she is a great leader and role model. She is very pleasant to work with and I enjoy coming to work for that reason.

What do you do in your spare time?

I enjoy going shopping for clothes or house items depending on my mood.

Your least favourite dish?

My least favourite food is Brussels sprouts as I have never liked them throughout my life.

Favourite Movie?

My favourite movie is, The Note Book, as it's a touching love story.

What is your biggest fear?

My biggest fear is heights as I'm naturally scared of heights.

Mrs Jones

If you were an animal what would it be?

I would be a dolphin, because I love the water.

Name 5 words describing you?

Kind, Helpful, O.C.D, Brave, Adventurous

What hobbies do you have?

Cleaning, Cleaning, and More Cleaning

What one country would you like to travel to and why?

I would go to America, as I have always wanted to take my kids to Disneyland.

Favourite Book?

Any book by Patricia Cornwell, because I am extremely fond of her style of writing.

Ms Alphonse

If you were to be an animal, which animal would you be?

I would love to be a bird so that I have the ability to fly.

What is your favourite movie?

My favourite movies are the Harry Potter movies because it takes me to another world, where my imagination can run wild.

What is your biggest fear?

My biggest fear is insects. Luckily I have many brave year 3 students to save me.

What do you do in your spare time?

I love to spend time with my family. Especially my niece and nephews.

If you had a million dollars to spend in a day what would you spend it on?

I would buy a house, and if I had any to spare I would book a holiday.

Mrs Baaini

How do you want the world to become a better place?

By feeding the homeless, donating to charity and helping those in need.

Who is your biggest inspiration?

My mum because she taught me and provided me with all the values that I currently have.

Name 5 words describing you?

I'm patient, easy to talk to, kind, thorough and hard working

What is your least favourite dish?

My least favourite dish is anything with olives.

What's your favorite place in the world?

My most favourite place in the world is Italy, because I love their food.

PAYCE® *Light Up St Pat's*



ST PATRICK'S CATHEDRAL PARRAMATTA
JULY 6 - JULY 21

LIGHT SHOW STARTS : 6PM MON - FRI
& 7PM ON WEEKENDS

Free event for the whole family.



ST PATRICK'S GIFT SHOP

Murphy House, 1 Marist Place, Parramatta.

*Wide range of religious gifts and cards to
celebrate any special occasion.*

*Open 10am to 4pm on opening day
Drop in and have a look*

Parramatta St Pat's Playgroup

We welcome all local families to join us each Wednesday morning during school term weeks from 9.30-11.30am

We encourage parents with non-school aged children to come by and meet other parents and carers with children of similar age.

For weekly updates please go onto our Facebook page: Parramatta St Pats Playgroup

We hope to see some of our school families soon.

Thank you
Diane

Our **VISION** is to be a child centred faith community within an innovative, interactive learning environment.



*sub tuum
praesidium*

Our **MISSION** is to –

Live out the Gospel Values in a visibly Catholic tradition

Nurture students for Christian Leadership

Create a range of learning experiences which allow children to progress at their own level

Assist our students to develop into independent thinkers with a deep sense of responsibility and justice

Lead each individual towards reaching his/her potential

Generate a sense of community and compassion in which all Experience belonging.

Opportunity for all

MASS TIMETABLE FOR ST PATRICK'S CATHEDRAL PARRAMATTA

Weekend Masses

Saturday	8.00am, 6.00pm (Vigil)
Sunday	8.00am, 9.30am (Family) 11.00am (Solemn), 6.00pm

Weekday Masses

Mon to Fri	6.30am, 12.30pm
Public Hol	8.00am

Pastoral Team

Bishop of Parramatta Most Rev.

Vincent Long Van Nguyen OFM CONV

Very Rev Fr Robert Bossini

Fr Christopher Del Rosario Rev Deacon Willy Limjap

Meg Gale (Sacramental Coord)

Milli Lee (Parish Admin Asst) Mindy Mercado (Youth Co-ord)

Patricia Preca (Parish Secretary) Donna Missio (Receptionist)



EVENTS

JULY

6

**OPENING
NIGHT**

JULY

17

**OPEN CHOIR
REHEARSAL**
7.30 PM - 8.30 PM
MAIN CATHEDRAL

JULY

10

**ORGAN
RECITAL**
8.00 PM - 8.30 PM
MAIN CATHEDRAL

JULY

18

FAMILY NIGHT
7.30 PM - 9.30 PM GAMES
AND ACTIVITIES FOR KIDS
IN THE CLOISTER

JULY

11

FAMILY NIGHT
7.30 PM - 9.30 PM
GAMES AND ACTIVITIES
FOR KIDS IN THE
CLOISTER

JULY

19

**CATHOLOGY
LIVE**
7.30 PM - 8.30PM
FAITH TALK FEAT.
DR ROBERT TILLEY
AND COFFEE IN THE
CLOISTER

PROJECTIONS RUN FROM
6PM-10PM ON WEEKNIGHTS
AND 7PM - 11PM ON WEEKENDS

JULY

20

GUS AND IGGY
7.30 PM PERFORMING
LIVE IN THE CLOISTER

PAYCE *Light Up St Pat's*

Cool Kids – Taking Control

AN INTERNET DELIVERED PROGRAM FOR CHILDREN EXPERIENCING BULLYING AND ANXIETY (AGES 7-11 YRS)

Cool Kids - Taking Control is an online self-help program that is designed to help children who have been targets of bullying and who also have high levels of anxiety. It is based on the well-known Cool Kids anxiety program developed at Macquarie University in Sydney. The efficacy of Cool Kids - Taking Control in reducing peer victimisation is currently being investigated by a team at Macquarie University.

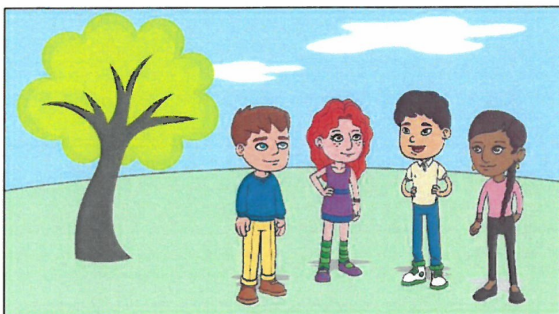
WHAT IS THE COOL KIDS - TAKING CONTROL PROGRAM ABOUT?

Cool Kids - Taking Control is designed for parents to work through with their child at home.

The program is delivered over the internet and involves eight lessons delivered over ten weeks. It teaches children:

- about bullying and anxiety,
- how to be confident in social situations,
- how to better manage fears,
- helpful ways to act if they are bullied, and
- how to cope with bullying.

Cool Kids – Taking Control includes instructions, examples, and videos for parents and their child. There are lots of practice exercises to help children master the skills.



WHO IS THE COOL KIDS - TAKING CONTROL STUDY DESIGNED FOR?

The Cool Kids - Taking Control program is suitable for your child if:

- he or she is between 7 and 12 years of age
- he or she is being victimised by peers at school AND anxiety is significant affecting your child's day-to-day life
- he or she is not accessing other psychological treatment (except medication). NOTE: Medication should be stable (same type and dose) before starting and during treatment.
- you and your child are proficient in English

The Cool Kids - Taking Control program is not suitable for your child if he or she is currently experiencing any of the following issues:

- Significant learning delays, developmental or intellectual disorders.
- Autism or related disorders.
- Significant unmanaged behavioural disorder.
- Considered at risk (i.e., due to abuse, neglect, suicidal ideation, self-harm or school refusal).
- Unmanaged psychotic symptoms.

These exclusions are in place to ensure that our treatment program is delivered to children who are most likely to benefit from it and for whom we are best equipped to offer services.

WILL I RECEIVE SUPPORT TO COMPLETE THE PROGRAM?

Absolutely. The program will be supported by a member of the research team who is trained in Cool Kids - Taking Control. Each parent will receive a short (10-15 minutes) weekly phone call after each lesson to discuss goals and to work through any difficulties with the program.

WHAT ARE THE BENEFITS OF THE COOL KIDS TAKING CONTROL PROGRAM?

- Allows families across Australia to receive access to the Cool Kids Taking Control Program.
- Families are able to complete treatment lessons at their own pace and at a convenient time each week.
- The interactive online format is engaging for children.
- Cool Kids Taking Control is a research treatment study, so we are able to offer access at a reduced fee.

WHAT DOES THE STUDY INVOLVE?

- An initial assessment to determine if our program is likely to be suitable and beneficial for your child.
- A 10-week treatment program (immediately or 6 months after the treatment group have completed the online program) that you complete online at home with the help of a therapist over the phone.
- Two more assessments - 10 weeks after joining the study and then again six-months later.

WHAT DO THE ASSESSMENTS INVOLVE?

- Assessments are conducted before your family commences treatment as well as after treatment. All assessments involve you and your child being interviewed over the telephone by a psychologist and completing questionnaires about thoughts, feelings and behaviours.
- The purpose of the initial assessment is to

determine if our program is suitable for your child. If the program is not considered to be suitable for your child, you will be provided with alternative referral options that would best suit your needs.

All assessments involve you and your child being interviewed over the telephone by a psychologist and completing online questionnaires about thoughts, feelings, and behaviours.

WHO DECIDES WHICH CONDITION WE ARE IN?

The condition to which you are allocated is decided randomly, like drawing names out of a hat.

HOW MUCH WILL IT COST?

- In return for your participation in our research, there is an initial fee of \$100 which includes assessment and treatment for the Cool Kids - Taking Control study. (For your information, an initial clinical assessment would typically cost \$290. The face-to-face Cool Kids program at the CEH typically costs \$500).
- Once your final assessment has been completed you will receive \$100 as a thank you for participating in the Cool Kids - Taking Control research study.

The Cool Kids - Taking Control study is funded by Australian Rotary Health.

HOW TO ACCESS THE PROGRAM?

If you would like your child assessed for the Cool Kids - Taking Control study please complete the online registration form. We will then contact you to set up the initial assessment. You can access the registration form [here](#)

For further information about the program please contact us at takingcontrol@mq.edu.au or find out more by visiting centreforemotionalehealth.com.au

"As a Cool Kids – Taking Control coach, you have an important role in helping your child face their fears and build their confidence so that anxiety and bullying has less of an influence on their life."

This research has ethics approval from the Macquarie University Human Research Ethics Committee. All data collected is confidential, and is de-identified.



FIND OUT MORE
Cool Kids – Taking Control Online Study
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takingcontrol@mq.edu.au
CRICOS Provider 00002J / ABN 90952801237



MACQUARIE
University