

Dear Parents and Caregivers

As already expressed it has been so wonderful to have all our students back together again this week. Although we know that not all school procedures have returned to 'normal' we will continue to find effective and creative ways to keep our community involved with what is going on in the school and will keep you updated as these are implemented. Some of the areas we are currently working on adapting are: birthdays, the roles and timing of SRCs and Colour Captains, class items usually seen at assemblies and the like. We are very aware that all these areas have been impacted of late and we will do our best to make adaptations if possible. At this stage there are still some restrictions on schools in what activities we can and cannot undertake and we will, of course, comply with any guidelines issued by the health authorities and our system.

Can I sincerely thank and congratulate all families for the outstanding way you have adapted to what has been asked of you. The children have settled back into learning in a way that we could not have anticipated and all teachers are expressing an increase in student engagement and in many cases learning. I am fully aware that the situation between families differs from family to family and I know that everyone did their absolute best and this is worthy of note with sincere appreciation.

We very much value all that you have done, and in order to capture your feedback, about: your child, their learning and the process in general, we will be sending out an opportunity for you to give feedback. Can I encourage you to respond.

Perhaps, before the time gets away from us, you can start thinking about this question. It is purposely open to try and capture your experiences. The following items may assist in guiding your feedback. Please withhold from responding until it comes out through skoolbag.

What are some of your thoughts about your recent experience during the learning at home/school COVID 19 time? These can refer to you and/or your child(ren).

OPTIONAL IDEAS - Areas to think about

- *What did you learn about your child(ren) during this time?*
- *What helped your child with their learning either with you at home or at school?*
- *What did you miss the most during this time?*
- *What aspects of the usual school life did your child express that they may have missed?*
- *Was there something that surprised you?*
- *How did engaging in a different way of learning (ie. Google Classroom/ Home booklets) impact your child? Children at school also engaged in these.*
- *Any comments about technology*
- *Any comments about maintaining mental wellbeing*
- *Any general feedback you would like the school to know*

God bless you and your family

Bernadette Fabri

Principal

You are invited to watch a livestream of Sunday Mass at St Patrick's Cathedral Parramatta. **PENTECOST SUNDAY**

Dear Families and Friends,

Pentecost is the celebration of the person of the Holy Spirit coming upon the first followers of Jesus, who were gathered together in the Upper Room.



An incredible wind filled the space in which they were gathered as tongues of fire came to rest on their heads. This empowered them to speak in different languages so that they could understand each other. It was such a strange phenomenon! The Holy Spirit also gave the apostles the other gifts and fruits necessary to fulfill the great commission - to go out and preach the Gospel to all nations.

Happy Birthday! Because ... Pentecost is also the birth of the Church! From this incredible experience Peter, our first Pope, preaches his first homily to Jews and non-believers, converting thousands of them with a unified language and the words of the Old Testament.

You are welcome to continue to participate in the live stream mass held weekdays and weekend, led by Fr Bob Bossini and Fr Christopher Del Rosario through the St. Patrick's Parramatta Cathedral facebook page:

Watch the Mass live on [Facebook](#) and [YouTube](#).

Have a wonderful weekend.

Mrs Tuetue

Religious Education Coordinator.

SCHOOL FEES

Earlier in the year parents were advised that Term 2 Statements would not be distributed until there was greater clarity about the duration of the pandemic. These statements have now been mailed to provide clarity to families. If you have not yet received a statement, please inform the school office via phone or email pats-parrfees@parra.catholic.edu.au. You may have noticed that there is no due date for payment, the reason for this is that we are aware of the financial strain that COVID-19 is having on some families and its impact on their capacity to pay school fees, therefore we are asking families to pay what they can when they can.

CONTINUATION OF DROP OFF AND PICK UP PROCEDURES

MORNING DROP OFF

TIME

- Usual time (8.20 - 8.50) Gate opens at 8.00am for parents who absolutely need the early drop off and who are unable to secure before school care. This time is not for children who wish to get to school early to play.
- Please drop your child off at the gate or 'Kiss and Drop' from your car.
- At this stage there will be no Morning Assembly until further notice.
- Thank you to everyone for your cooperation thus far.



CHANGES TO AFTERNOON PICKUP

Dear Parents and Caregivers

We have had a wonderful week, with teachers and children excited at being together, in their class groups again, after what seemed to be such a long time.

RECOMMENDATION: ANY PARENT WHO WISHES TO HAVE A FAIRLY EASY PICK UP EXPERIENCE IN THE AFTERNOONS, WE RECOMMEND YOU COME BEFORE 3.15PM. THIS IS DUE TO THE SIGNIFICANT INCREASE IN STUDENTS FROM OLMC BEING PICKED BY CAR.

GUIDELINES



- Parents/caregivers picking up their children by walk or car drive thru (2.40pm to 3.30pm)
 - A teacher at the gate or at the corner of the street will call out your child's name.
 - If coming by walk please enter through the small gate (ENTRY)
 - The children will meet you in the COLA area. (Please exercise social distancing)
 - Please EXIT as quickly as possible through the double gate.
 - Due to the extra numbers of students now attending we ask parents **not to go to the classrooms.**
- **No parent/teachers interviews will take place at school until further notice.** The teacher is more than happy to contact you by phone or email.
- **Drivers are not permitted to get out of their car, if in the Drive Thru line. We will call out your child's name.**

I would like to sincerely thank you all for your cooperation regarding our guidelines and please know that we are deeply appreciative of your assistance.

WINTER UNIFORM

All students should now be wearing their winter uniform. As you can see from our '2 models', school captains, Maria Wahbe and Carl Cauan, the winter uniform looks so smart when worn properly. For the most part our students generally look just as smart but we do find on occasion that some areas need further attention. These include:



- The girls winter uniform tab tie. (We have a small number of girls who are not wearing them)
- The incorrect wearing of boys ties. (Some of our boys' ties are hanging down in a loose manner, and not adjusted properly. As per the photo, ties need to be securely fitted close to the neck. Buttoning the top button of the shirt often helps this)
- No boys tie (Some of our boys are not wearing their ties. This is a compulsory part of the winter school uniform)
- Boys shirts (Some of our boys find it difficult to wear their shirts tucked in. We understand shirts get loose when they are playing however we are noticing that some boys are arriving at school this way.)
- Beanies, scarves and gloves need to be school colours. - Green

Notes, sent home to seek support about the school uniform, is being considered. If you are having any difficulties obtaining ties and tags please let the school know. Oz Fashions has assured us that they are fully stocked. As always feedback is always welcome. Thank you for your assistance to upkeep the high standard of uniform wear at St Patrick's Parramatta.

Miss Fabri and staff



Happy Birthday to all the children who will celebrate their birthday in the coming week— Nina Kancijanac, Sara Jabbour, Angelique Saliba, Maroun Abraham, Zachary Aguilera, Jake Doueih



National Reconciliation Week- In This Together

National Reconciliation Week, celebrated on the week of the 27th May- 3rd June, is a time for **ALL** Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. Reconciliation must live in the hearts, minds and actions of all Australians as we move forward, creating a nation strengthened by respectful relationships between the wider Australian community, and Aboriginal and Torres Strait Islander peoples.

We encourage the families at St Patrick's Primary school to celebrate in their homes this Friday night from **9:05pm -10pm* Friday** and watch the **'In Concert Together'** by Reconciliation Australia and ABC. Alternatively you can tune into ABC Radio or the ABC listen app or watch on the Facebook Livestream on Reconciliation Australia, ABC Sydney or ABC Australia Facebook pages.

Our St Patrick's Parramatta Facebook page also has information shared from the Catholic Education Department, Parramatta.

Art Exhibition

What do you think about when you hear the word '**Pentecost**'?

Here are some prompts to help guide your thinking;

Head - What happens in this story?

Heart - How does it make you feel?

Hand - What is God asking of us today?

We invite you to express your ideas/ thoughts in a visual art form.

Guidelines

- No larger than A4 sheet
- Must include some tones of red
- Any medium

Due Date

- Friday 26 June

**Understanding
School Talk ???**

Learning Intention

A statement that helps students focus on what they are learning

STRATEGIES FOR PARENTS OF CHILDREN WHO ARE RETURNING TO SCHOOL

Parents - look after yourselves

1. Make time to look after yourself so you're in a better position to support those around you. Children and young people's emotions can be affected by how adults are feeling.
2. The Beyond Blue website provides more information on how to [look after your mental health during the coronavirus outbreak](#).

Maintain routines where possible

1. Get back into the usual routines associated with going to school (eg., morning routines, routines for the night before a school day). Give as much notice as possible about transitions and changes to normal routines if needed. Have realistic expectations of children during this time of returning to school.

Talk about the facts

Talk about the importance of getting information from trusted sources like government websites. Draw their attention to the facts around the outbreak and the reassuring aspects of this information. For example:

- Children are unlikely to experience severe symptoms if they contract coronavirus.
- There are few cases in Australia compared to the rest of the world
- Government and health professionals have been preparing for a pandemic for a long time and are acting quickly to minimise the outbreak and develop a vaccine.

It's important to listen to any questions children may have, and to let them know that it's normal to feel concerned.

If the media or the news is getting too much for them, limit their exposure.

For more information watch Beyond Blue's video on [Talking to kids about scary stuff in the news](#).

SCHOOL WELL-BEING COUNSELLING SERVICE

The wellbeing of children and young people in Catholic Education Diocese of Parramatta schools is of paramount importance. A sense of well-being and connectedness in schools promotes optimal development of the person and contributes to academic success.

Access to counselling services can be made by contacting your child's classroom teacher or Ms Fabri, who will then put forward a referral. Mrs Ricketts will then contact you for further information. Further details can be found in previous newsletters.

COLD Specials R: \$10.00 (L: +\$2)

 Includes fresh seasonal fruits!

NOW EVERYDAY!

Seared Salmon Nigiri (GF)

Freshly cut salmon topped with teriyaki sauce and mayonnaise seared to a lightly charred finish. Served (R) 4 pieces and (L) 6 pieces.
Hurry - Limited availability!



NOW EVERYDAY!

Salmon & Avo Roll (GF)

Freshly cut salmon with avocado rolled inside out. Served (R) 6 pieces and (L) 9 pieces.
Hurry - Limited availability!



HOT Specials R: \$7.50 (L: +\$2)

 Includes fresh seasonal fruits!

MON & TUES ONLY

Mac 'n' Cheese

The ultimate classic Baked Mac and Cheese topped with golden crispy crumbs, served:

- Plain (vegetarian)
- Crispy bacon



Chickee Bites (GF)

Fried fresh chicken marinated in our secret soy and honey sauce with crunchy coating, served with rice.

Add Sauce: Tomato (GF), BBQ or Mayo (GF) (+\$0.50)



THURS & FRI ONLY

Welcomeasy (.we.) are a family owned and operated business specialising in healthy (nut free) children's meals. **.we.** are passionate about a healthy lifestyle for children and are committed to working together with you to benefit your school community.

.we. acknowledge the important role that nutritious food plays in the growth and development of children and are therefore committed to providing students with a variety of fun & healthy menu options every day. All ingredients are carefully selected for high sources of nutrients whilst limiting saturated fat, sugar and salt intake and ensuring that it's delicious to eat!

HOW TO ORDER

Order through our website till 10:59PM for delivery next school day #welcomeasylife ☺

Single meal order is available or **SAVE up to 30%** on your meals by subscribing to a 3-day or 5-day meal, drink and snack plan.

Note: (R) denotes Regular meals and (L) are for Large.



WINTER Menu

Welcomeasy

Healthy communities through meals

 www.welcomeasy.com.au

 ask@welcomeasy.com.au

Find us on  @Welcomeasy

Sandwiches & Salad Meal Pack

- Sandwiches (GF) \$4.00 (+\$1.50)
 - Wraps (GF) \$6.00 (+\$1.50)
 - Garden Salad (GF) \$5.50
- Includes fresh seasonal fruits!

Basic Sandwiches (Smooth Wholemeal or GF)

- Vegemite, Ham, Cheese, Jam or Egg Mayo *NEW*

Wraps

(White or GF)

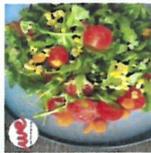
- Ham, Cheese & Tomato
- Chicken, Lettuce & Mayo
- Egg Mayo & Salad *NEW*
- Tuna Mayo & Salad
- Cheese & Salad



Kids Garden Salad (GF)

(Lettuce, carrot, tomato and corn)

- Add: Pasta or Cheese (+\$1.00)
- Add: Chicken or Tuna (+\$1.50)



Sushi Variety Packs

- Mini Rolls 8pcs (GF) \$7.00 (+\$1.50)
 - Sushi Wrap (GF) \$5.00 (+\$1.50)
- Includes fresh seasonal fruits!

Mini Sushi Roll

Choice of teriyaki chicken, tuna mayo, avocado, cucumber rolls, salmon or tobiko. Perfect finger-sized meal. (GF Available)



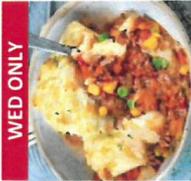
Sushi Wrap *NEW*

- Tuna & Avocado
- Teri Chicken & Avo
- Schnitzel & Avo
- Avo & Cucumber
- California

WINTER Special R: \$7.50 (L: +\$2)

Includes fresh seasonal fruits!

WED ONLY

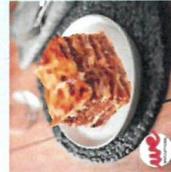


Cottage Pie

English classic recipe with beef gravy topped with creamy mashed potato, baked until golden. The comfort food to warm up kids tummies in winter! (GF)

HOT Favourites From \$5.50 (L: +\$2)

Includes fresh seasonal fruits!



Lasagna

House-made with layers of slow cooked Bolognese ragu and cheese sauce topped with fresh mozzarella & LOTS of hidden veges inside ☺
Vegetarian option available

Penne Pasta with:

- House Bolognese sauce only
- Vegetarian Bolognese
- Meatball Bolognese

Fried Rice (Chicken or Vegetarian)

Mild Butter Chicken w Rice

Gourmet Pastries:

- Beef or Chicken Vegetable Pie
- Sausage or Spinach Ricotta Roll

SUGAR FREE-ZIES! \$2.00

Frozen 100% Natural Icy Poles

A treat for the kids without the GUILT!
* \$1 if purchased with any meals *



Snack Bag

\$4.00



Includes mixed fruit snack!

Crunchy Vege Mix (GF)

Welcomeasy Mixed Berry Yoghurt Cup (GF)

Edamame or Corn Cob (GF)

Baked Mini Pretzels Or Crunchy Rice Bites

NEW Vege Chips!



Fresh Muffins - Cocoa or Banana Bread (GF)

Creation*Fresh Organic Popcorn (GF)



Drinks (Served chilled)

Pure Spring Mini Bottled Water \$2.00

Milk

Full Cream, Chocolate, Strawberry \$2.00

Soy Drink

Original, Chocolate \$2.50

Organic 100% Juice

Apple, Orange, Apple & B'currant, Tropical \$2.50

Coconut Water \$2.50



Healthy communities through meals

SAVE up to 30% with a 3-day or 5-day meal, drink & snack plan subscription

Please check our website for allergens and dietary details of what's inside all meals.



welcomeasy.com.au

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