Newsletter

1st September, 2022 Term 3 Week 7



Dear Parents and Caregivers

My newsletter article this week is full of gratitude after 6 weeks of sick leave following emergency surgery. I want to firstly thank the marvellous St Patrick's Parramatta Staff who worked so hard to support each other during my absence. No matter how established school routines and procedures are, the absence of even one member of staff does place extra pressure on the team. On my return I could clearly see that the staff worked so well to support each other by taking on any extra tasks required. Everything was in excellent order. Congratulations dear staff!

Of course as you can imagine being catapulted at short notice to the position of Acting Principal is no mean feat but as usual Mrs Standring rose to the occasion as naturally as she undertakes her teaching. I am so grateful for her willingness to take on this higher duty so readily and appreciate her continued hard work and the discernment required when one is principal of a school. I feel blessed that the school was in such good hands.

I wish to thank you parents for your very special children. I could not believe the genuine and heartfelt expressions of welcome and at times felt overwhelmed by their kindness and compassion showing real concern for what had happened and in my well being now. They are such loving and caring children and you must be so very proud of their capacity to feel emotion for another person. I feel that this can only happen when you their parents or caregivers demonstrate this empathy for others. I also thank you for you good wishes and welcome.

I know I am not the first or the last person to end up in hospital unexpectedly but the experience reenforced once again how blessed we are in Australia to have such amazing doctors and nurses. Wow! Such skill and talent - what a vocation! I know we have many members of our community who care for people on a daily basis - so thank you so much.

I have always been a big believer that gratitude is one of the most powerful characteristics a person can have. The Google definition of gratitude is: 'the quality of being thankful; readiness to show appreciation for and to return kindness'. I feel that the word 'readiness' is key here as it shows that a person is always ready to see the world through the eyes of one that appreciates all that is in their lives - before they look at what they lack. Sometimes we do not see how lucky we are and in many ways we lose sight of the joy of what simple things bring us.

I feel very grateful to be back working with the St Patrick's Parramatta Community and I humbly thank you for keeping me in your prayers.

God Bless you and your family Bernadette Fabri Principal

GRATITUDE

"You think that this is just another day in your life?

It's not just another day.

It's the one day that is given to you – today.

It's given to you.

It's a gift.

It's the only gift that you have right now and the only appropriate response is gratefulness.

If you do nothing else but to cultivate that response

to the great gift that this unique day is...

If you learn to respond
as if it were the first day in your life
and the very last day

then you will have spent this day very well.

Begin by opening your eyes, and be surprised that you have eyes you can open.

That incredible array of colours that is constantly offered to us for our pure enjoyment.

Look at the sky.

We so rarely look at the sky.

We so rarely note how different it is
from moment to moment,
with clouds coming and going.
We just think of the weather,
and even of the weather
we don't think of all the many nuances of
weather.

We just think of "good weather" and "bad weather."

This day, right now, with its unique weather,
maybe a kind that will never
exactly come again in that form.
The formation of clouds in the sky
will never be the same as it is right now.

Open your eyes. Look at that.

Look at the faces of people whom you meet.

Each one has an incredible story
behind their face,
a story that you could never fully fathom.

Not only their own story,
but the story of their ancestors.

We all go back so far.

And in this present moment on this day,
all the people you meet,
all that life from generations
and from so many places all over the world
flows together and meets you here
like a life giving water
if you only open your heart and drink.

Open your heart to the incredible gifts
that civilization gives to us.
You flip a switch and there is electric light.
You turn a faucet and there is warm water,
and cold water, and drinkable water.
It's a gift that millions and millions in the world
will never experience.
So these are just a few
of an enormous number of gifts
to which you can open your heart.
And so our wish today is to open your heart
to all these blessings and let them flow through
you.

That everyone you will meet on this day
will be blessed by you,
just by your eyes, by your smile,
by your touch, just by your presence.
Let the gratefulness overflow
into blessing all around you.
Then it will REALLY be a good day."

Brother David Steindl-Rast (Benedictine)



INVITATION FOR FATHERS OR



FATHER FIGURES OF ST PATRICK'S PRIMARY STUDENTS



to celebrate

Father's Day

Friday 2 September
Breakfast and Games
6:30-8:30am

at school Father's Day Mass 9:30 am

St Patrick's Cathedral





Father's Day Breakfast

We are looking forward to welcoming our Dads and special carers to breakfast on Friday. Breakfast will run between 6.30 am - 8.30 am. You can come anytime between these hours and stay as long or short as your schedule allows.

NB:- OLMC (across the road) are also holding an event on Friday morning from 7.30 am so parking may be very busy.

Father's Day Stall

I would like to say a very BIG thank you to the many mums who assisted with the wrapping of the Father's Day gifts and the help with the stall on Tuesday. It went very smoothly and the children were so excited to purchase a gift for their special someone. Without the help of these beautiful mothers we would not be able to have days like this. THANK YOU !!!! Mrs Jones

Congratulations to the students who received the sacrament of Confirmation on Sat 27 August at St Patrick's Cathedral.

We pray that all these children will continue to nourish their faith and respond to God's love with lives that reflect the model given to us all in Christ Jesus.

| Child's Given Names | Child's Surname | Child's Given Names | Child's Surname | Child's Given | Child's Surname |
|------------------------|--------------------|------------------------|--------------------|------------------|--------------------|
| Steven | Abraham | Richard | Do | Shavene | Perera |
| Owen | Abraham | Callum | Donaldson | Fleur | Perrett |
| James | Agostino | Christian | Donaldson | Nicholas | Reyes-Mangabat |
| Zachary | Aguilera | Kaylani | Elphinstone | Donnacha | Ryan |
| Benjamin | Aitkins | Mary | Gilchrist | Lara | Samar |
| Rhys | Bautista | Erick | Granados-Gavito | Leon | Sampaio |
| Clare | Camenzuli | Annabelle | Johnson | April | Soh |
| Ray | Chen | Eimear | Mitchell | Liam | Stojkovski |
| Dominic | Coles | Logan | Munro | Isabelle | Tannous |
| Troy | Daniel | Nathan | Nguyen | Maryam | Thomas |
| Joshua | Day | Shaneli | Perera | Germain | Toledo |

Dear Parents and Caregivers

I have been contacted by a member of the Owners Committee, Milana Apartments with a complaint that some of our parents are parking in their driveway. There is a sign which clearly says, "Do not park in the driveway. Vehicles parked here will be towed away."

I understand the convenience of this spot, but can I recommend that you do not park there as it is a high likelihood that your car will be towed away.

Kind Regards

Bernadette Fabri

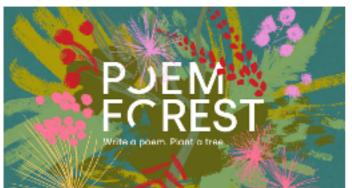




HAPPY BIRTHDAY

Happy Birthday to all the children who will celebrate over the next week. We hope you have a great birthday - Zachary Tannous, Sofia Wehbe, George Kazzaz, Monica Gould, Olivia Saab, Leah Wijesekara Jayawardena

St Patrick's Poem Forest 2022



St Patrick's will be participating in the *POEM FOREST* initiative in 2022. This initiative has been created by **Red Room Poetry** and has partnered with **The Australian Botanic Gardens**. *POEM FOREST* deepens our connection with nature by inviting students and communities to create and publish poems inspired by the natural environment.

For every poem received a tree will be planted at

Mount Annan to help heal habitats and create a **POEM FOREST** for future generations. The goal is to have 10 000 trees planted in three years. In 2021, over **5,000** poem trees were planted, some of those trees representing the children of St Patrick's.

Over the coming weeks we will share some of the children's poems in the newsletter.

RE News...

Gospel Lk 14:1. 7-14

Living the Gospel - What's the cost?

Jesus advises us to be humble, and not to assume that we have a higher position or status than others.

A lot of status-lowering is done with put-downs. Every time you put someone down, it is an attempt to lower that person's status and to raise your own.

Paying a compliment to another person raises their status. If your compliment is accepted with grace, your status is also raised. If your compliment is rejected, or coupled with a put-down against you, your status is then lowered. How often does this happen?



It seems to be more of a risk to compliment a person than it is to put someone down. Yet Jesus asks us to take that risk. Are you willing to risk giving compliments? Are you willing to stop dishing out put-downs and to start giving more compliments to others? Why or why not? What would Jesus say about this decision? Jesus challenges us to include people of the lowest status in our social activities.

When you have a party or when you are in the position of inviting someone to go to a movie or an athletic event with you, do you tend to seek out the most popular people with the highest social status? Or do you seek out the people who are least popular and sometimes made fun of? Why?

Sometimes we may feel threatened by others in the decisions that are being made whether at a school level or at a community level. We need to discern if we are respectful in our thoughts, words and actions in response. Are we seeking to put others first by humbling ourselves and putting ourselves last?

Congratulations on the Gebrael family (Elijah-Michael KM)

it a girl



on the birth of their baby girl, Audrey Faith

Father's Day in Australia

In Australia, Father's Day is celebrated on the first Sunday of September. On this day we celebrate the love and dedication of fathers, step-fathers, guardians, fathers-in-law, uncles and grandfathers and thank them for being our teacher, carer, friend and role model.



Father's Day fast facts

- Can you say the word 'father' in another language? Father is 'père' in French, 'ojciec' in Polish, 'vader' in Dutch, 'vater' in German and 'padre' in both Italian and Spanish.
- There are over 4.6 million fathers in Australia.
- The traditional flower of Father's Day is a rose. Red roses are for living fathers and white roses are for fathers who have died.
- Father's Day became a popular celebration during World War II, when many fathers were away at war.
- It's not just fathers who are celebrated, Japan has a National Children's Day called 'Kodomo no Hi'.
- During the 1920s and 1930s it was suggested that Mother's Day and Father's Day should be combined to form a Parent's Day. Do you think this is a good idea?
- Every year, Australians spend about \$1.36 billion on Mother's Day and \$660 million on Father's Day!
- If you do not have a father, you can still use Father's Day to honour a special male in your life. This could be a relative, family friend, teacher or coach.
- Did you know that it is the father seahorse that carries the eggs and gives birth to the babies?

Reminder - No Hats, No Play (Walk and talk in the amphitheatre)

Now the weather is getting warmer we are reminding the students of the importance of wearing a hat during break times. Even on cloudy days the sun UV rays can have a detrimental effect on the skin of children, so children without a hat will be directed to use the shade of the amphitheatre during their break. If you could also label your child's hat and ensure they have their own hat.

Student Charter Focus

Each week our student leaders are choosing an area from our St Patrick's Student Charter. Our leaders reinforce the students' rights and the responsibilities as part of our morning routine. Throughout the breaks the teachers on duty are looking for students who are modelling the positive behaviours on our playground. These children will receive a super shamrock, in line with our Behaviour Management Policy.

To help the students recall our charter, two large posters have been added to our playground.

This week we are focusing on the blue right: As a member of our school community, we have the **right** to....**feel proud of our school**

Therefore we have the **responsibility** to

- Ensure that our words and actions do not discredit our school
- Wear my uniform with pride

You may wish to highlight our focus area at home this week as we work together to reinforce safe and appropriate behaviour at St Patrick's Parramatta Primary School.

ST. Patrick's Primary School, Parramatta: STUDENT CHARTER "My children, our love should not be just words and talk: it must be true love which shows itself in action?

1.shn318



School Fees are now due, if you have paid thank you.

If you need to discuss the school fees, please feel free to contact me via phone or email: pats-parrfees@parra.catholic.edu.au

Kind regards

Fiona Mitterer

St Patrick's Award

The St Patrick's award is given to the child who lives their life through Faith in Action

| KA | Theodore Stonham | George Mourad |
|----|---------------------|--------------------|
| КМ | Jonah Khoury | Rose Wehbe |
| 1C | Grace Wehbe | William Bazouni |
| 15 | Nicholas Chu | Olivia Sahyoun |
| 2M | Juana Boby | Olivia Saa |
| 2Y | Jude Rahme | Xavier Abu-Ali |





The Honour Award is awarded to the child who demonstrates outstanding behaviour shown in the Student Charter





| KA | Braulio Solis | Chloe Zhang | |
|----|----------------------|-----------------------|--|
| KM | Andre Abraham | Adam Saman | |
| 1C | Alexandra Nasr | Christabel Azzi | |
| 15 | Jeremiah Khoudeir | Riley Ramon | |
| 2M | Jayden Bounassif | Vittorio Lo Surdo | |
| 2Y | Charlize Malkoun | Jessica Izmestyeva | |







St Patrick's Award

The St Patrick's award is given to the child who lives their life through Faith in Action

| 3L | Isaiah Zaiter | Ava Takchi |
|----|----------------|-------------------------|
| 3T | Aaliya Ebrahim | Nina Kancijanic |
| 4B | Frank Malkoun | Frances Thomas |
| 4G | Sofia Bousimon | Jimmy Sahyoun |
| 5C | Marcus Moses | Hannah Scanlon |
| 5T | Shaneli Perera | Alessandra De Guzman |
| 6P | Joseph Maroon | Sophia Semaan |
| 6W | April Soh | Marcelino El Halabi |





The Honour Award is awarded to the child who demonstrates outstanding behaviour shown in the Student Charter

| 3L | Edward McCloskey | Scarlett Eid |
|----|---------------------|---------------------|
| 3T | Jessica Lim | Benjamin Chu |
| 4B | Jasmine Rizk | Ava Boutros |
| 4G | Mika Liu | Johnnie Daher |
| 5C | Antonia Romanos | Gwyna Palmos |
| 5T | Victoria Nassif | Luke Wehbe |
| 6P | Troy Daniel | Roselle Ghostine |
| 6W | Jacinta Azizi | Phillip Ayoub |











Term 3 Week 7 Spotlight - Year 5

Zachary Aguilera:

Who is your favourite superhero and why?

My favourite superhero is *Iron Man* because unlike most superheroes he gets his powers himself by using what he has and what he knows.

What is your favourite thing to do in your spare time and why?

My favourite thing to do in my spare time is **to either read or draw.** I like to read and draw because reading puts me in another world and drawing is fun and a beautiful way to express myself.

If you could eat anything for dinner, what would you choose to eat and why?

If I could eat anything for dinner, I would choose to eat *tacos*. I would choose tacos because it's a healthy food with fresh ingredients and I find it tasty.

If you were given money to buy one thing, what would you choose to buy and why?

I would choose to **buy a house**. I would buy a house so then I don't have to save up for one when I'm older, so I can spend more time helping others and I can enjoy myself.

What are 4 words you would use to describe yourself?

I would describe myself as; *Helpful*, *smart*, *empathetic*, *selfless*.

Alessandra DeGuzman:

What is your favourite food to eat? Why?

My favourite food to eat is **pasta** because I like the taste of the pasta with the sauce.

Who is your favourite character in a movie or book and why?

My favourite character is *Hermione from Harry Potter.* I like Hermione because she is very smart, responsible and is always prepared.

Where has been the best place you have traveled to or visited in the holidays or on a weekend?

My favourite holiday was a trip to *Hawaii*, because of the tropical weather and the beach.

If you could have any animal as a pet, what animal would you choose and why?

If I could have any pet, it would be *a dog* because they are loving, playful and they are very cute.

If you could meet anyone in the world, who would you like to meet and why?If I could meet anyone in the world I would like to meet *Millie Bobby Brown* because I love all her movies and TV shows.

Chloe Vella:

What is your least favourite food to eat? Why?

My least favourite food to eat is *broccoli*, because I don't like the taste and without sauce or other food it is very bland. I also do not like the stem of the broccoli.

Who is your favourite character in a movie or book and why?

My favourite character is *Ting Ting the Ghost Hunter*, because I love her determination and how she has different skills and how she wants to prove herself to others.

Where has been the best place you have travelled to or visited in the holidays or on a weekend?

The best place I have ever visited is *Fiji*, because of the view of the pristine blue water and the different islands and sea creatures. I love how everyone is kind and welcoming.

If you could have any animal as a pet, what animal would you choose and why?

An animal that I would have as a pet would be a **dog** because they are very adorable and they are a person's best friend. I would also like a dog because you can interact with it, play with it and teach it tricks. You would never be bored with a dog as a pet.

If you had \$100 what would you do with it?

If I had \$100 I would put it toward a Fathers Day present for my dad and grandfather.

Isaac Wehbe:

Who is your favourite superhero and why?

My favourite superhero is *Black Panther* because he's strong, smart and the king of where he lives and he has a cool suit.

What do you like to do most in your spare time?

In my spare time I like to *fix things* like skateboards, *play with them and ride my bike*.

If you could eat anything for dinner, what would you choose to eat and why?

If I could eat anything for dinner I would eat *chicken schnitzel*, because I like chicken and it tastes really good.

What do you want to be when you grow up?

I want to be *a mechanic* when I grow up, because my dad's a mechanic. I like fixing things and it's an outdoor job which I prefer.

What would you do with one million dollars?

If I had a million dollars, I would **give some to my family, my grandparents** and I would **buy things I need for school like a computer, books**. I would also **buy a top of the range dirt bike.**

Taekwondo Experience

My name is Marcelino and I have been practising taekwondo since the age of 7. I am very happy to share with you all my experience at the **Australian National Taekwondo Competition 2022** which was held on the 21 and 22 of August in Maroochydore, QLD.

I competed in several events including Sparring , Special Techniques , Patterns and Power Breaking and achieved 3 medals: 1 gold for Sparring , 1 silver for Power breaking and 1 bronze for Special Techniques.

Many Grand Masters were observing and examining my fight and were delighted with the performance and capabilities I exhibited throughout the tournament, especially in sparring.



I am very proud of myself for what I have achieved and accomplished at a National level. Hard work pays off! My consistency and determination in training fuels me to strive for higher goals.

It was a great, successful experience, full of emotions, laughter, hard training and intense competition.

It was an overwhelmingly wonderful feeling to come back on the same plane with my Taekwondo team "ILShim TaekwonDO" wearing our glorious medals. We stood very tall and proud.

Our families were there to support us and without my parents I would not be able to experience what I do in Taekwondo. They support me during all training sessions and tournaments and always push me to do my best. Taekwondo is an amazing sport that teaches you discipline and defence as well as being fun and keeping you fit and healthy.

If your child has achieved an amazing achievement at a state or national level, we would love to share their achievements with our school community. Please send through their name, photograph and a paragraph outlining their achievement. We will endeavour to add them to our weekly Newsletter.

MOBILE PHONES

With the convenience of communication afforded to us by mobile phones and smart watches we understand the importance for some parents to issue their children these devices.

If children wear Smart watches to school they <u>must</u> have the access to phonecalls during school hours disabled. It is critical that the one point of communication to parents comes from the school only. If this is breached the child will not be permitted to wear smart watches at school.

Happy to hear your feedback as always.

Regards Bernadette abri This year an extra Staff Development Day has been provided for primary school to focus on the new NSW K-2 and 3-6 English and Mathematics curriculum. The date is listed below.

Term Dates

Term 1 - Friday 28th January to Friday 8th April Term 2 - Tuesday 26th April - Friday 1st July

Term 3 - Monday 18th July - Friday 23rd September Term 4 - Monday 10th Oct - Tuesday 20th Dec

** Please note: Every year the NSW Government allocates 6 days to each school to be used for Staff Professional Development. These can be used for the gathering of essential data on students

STAFF DEVELOPMENT DAY DATES

Day 4 Friday 23rd September - Formation (Last day of Term 3)

Additional Staff Development Day Monday 10th October (1st day of Term 4)

Day 5 Monday 19th December 2022 Day 6 Tuesday 20th December 2022

CONVERSATION STARTERS ABOUT CYBER SAFETY (link)

These tips are designed to be used in a family to start everyday conversations about online safety. The questions cover topics such as identifying online risks, using technology safely and reporting unsafe behaviour. Use them together with the information at eSafety kids, and empower kids to take control of their online experiences.

Getting started with parental controls in social media, games and apps

TikTok TikTok is a social media app for creating and sharing short videos. TikTok has a feature called Family Pairing that allows parents to link their Tik Tok account to their teen's account. Family pairing lets parents set controls like how much time their child spends on TikTok, the content they can see and their privacy settings. Find out more about TikTok's safety settings in the The eSafety Guide or TikTok for parents.

Helping your child feel good about Maths

https://education.nsw.gov.au/parents-and-carers

Maths expert and parent, Associate Professor Janette Bobis from the University of Sydney, gives her top tips on how young kids can become confident in maths.

2/3/?

Look at patterns with your child

Asking your child to identify patterns – whether it's a pattern in a sequence of numbers, the beads in a necklace or the way bricks are arranged in a pathway – is helpful because through patterns, children identify structure.

'When we get to more advanced levels of maths such as algebra, it's all about identifying and dealing with patterns, so if we can get children at a very young age to start looking at them, no matter how simple they are, they're developing a mindset that they are important,' Janette says.

Questions you can ask your child about identifying structure in patterns include:

- 'What's the same about these patterns?'
- 'How are they different?'





School holiday announcement:

Next Level Sports is happy to announce that our school holiday clinic is back again! Keep your kids busy, active and away from those screens these holidays.

(and more importantly parents, enjoy the peace and quiet!)

Holiday Clinic dates:

Clinic 1: Wednesday 28th, Thursday 29th & Friday 30th September.

Clinic 2: Wednesday 5th, Thursday 6th & Friday 7th October.

As always, we are limited in numbers so to make a booking or find out more, please emailnextlevelsports@live.com.auor contact Mr Younis.





We must teach more by example than by word.

Mary MacKillop

FEEDBACK and COMPLAINTS

St Patrick's Parramatta staff always welcome feedback and ideas from the parent community. If you have any feedback, concerns or complaints please do not hesitate to contact your child's class teacher, Mrs Standring (behaviour) or Miss Fabri through the school office (8832 4600), school email address stpatsricksparra@parra.catholic.edu.au, or through Skoolbag App. The school follows the CEDP Complaints Handling Policy.

https://www.parra.catholic.edu.au/About-Us/Policy-Central

SCHOOL WELL-BEING COUNSELLING SERVICE

The wellbeing of children and young people in Catholic Education Diocese of Parramatta schools is of paramount importance. A sense of well-being and connectedness in schools promotes optimal development of the person and contributes to academic success.

Access to counselling services can be made by contacting your child's classroom teacher or Ms Fabri, who will then put forward a referral. Mrs McGrath will then contact you for further information. Further details can be found in previous newsletters.

For the telecast of Weekend mass follow this link: St. Patrick's Cathedral. Parramatta - Facebook



Our **VISION** is to be a child centred faith community within an innovative, interactive learning environment.

Our MISSION is to -

sub tuum praesidium Live out the Gospel Values in a visibly Catholic tradition

Nurture students for Christian Leadership

Create a range of learning experiences which allow children to progress at their own level

Assist our students to develop into independent thinkers with a deep sense of responsibility and justice

Lead each individual towards reaching his/her potential

Generate a sense of community and compassion in which all

Experience belonging.

Opportunity for all

MASS TIMETABLE FOR ST PATRICK'S CATHEDRAL PARRAMATTA

Weekend Masses

Saturday 8.00am, 6.00pm (Vigil) Sunday 8.00am,9.30am (Family), 11.00am (Solemn), 6.00pm, 7.15pm (Arabic)

Weekday Masses

Mon to Fri 6.30am, 12.30pm Public Hol 8.00am

Pastoral Team

Dean & Administrator:

Very Rev Fr Robert Riedling

Assistant Priests:

Rev Chris del Rosario

Parish Secretary:

Pat Preca

Office Hours: 9.00am to 4.00pm